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THURSDAY, JUNE 6TH, 2013

NATIONAL GLAUCOMA AWARENESS WEEK Pages 12-13

Carers' Week 2013 Pages 13-14

In Business Update Pages 16-18

Welsh Summer Country Fair and Food Festival Page 20

Kathleen's special award for 44 years in classroom

Report by PHILIP IRWIN

A TEACHER from Aberthin has won the Ted Wragg Award for 'Lifetime Achievement in Education in Wales'.

Kathleen Dungey received her award at the Pearson Teaching Awards ceremony, and was nominated by her headteacher for her "exceptional" service – having taught at the same school since 1968.

Kathleen told The GEM that she had started her career in the science department, specialising in biology and chemistry at Mostyn Roman Catholic High School in Cardiff.

However, after a reorganisation of Catholic schools in Cardiff in 1988, it became known as Mary Immaculate High School.

Later, Kathleen changed her focus, teaching Religious Education with special responsibility for Personal and Social Education.

She was nominated by her headteacher, Marc Belli, who said: "Kath has worked at the school for 44 years in a number of capacities, ranging from classroom teacher of science to pastoral teacher, and more recently as the school counsellor.

"Kath has been an exceptional member of staff, always willing to 'go the extra mile' and makes it her business to support children, their families and ensure every child receives the best possible education.

"Her compassion and dedication to support all students is nothing short of amazing. At the end of the academic year, Kath will be retiring and the school will lose an amazing talent, who has served the school so well."

(CONTINUED ON PAGE 4)

Cowbridge under-10s are pictured with a special star guest.
SEE FULL STORY ON BACK PAGE

Council steps in to ease pupils' exam panic over bus service problems

THE Vale Council has had to step in after fears that problems with a local bus service threatened to damage pupils' examination chances, ***writes PHILIP IRWIN.***

Children from the Rhoose, Penmark and Llancarfan area use the V5 bus service to attend Cowbridge Comprehensive School, and anxious parents contacted The GEM this week when the bus failed to arrive on examination day.

Gail Adams, who lives in Rhoose, told The GEM: "On Monday (June 3) and Tuesday (June 4) the bus did not turn up at all. Children were frantic as they had A-Level and GCSE exams in school. Parents had to leave work to take children to school and later pick them up from school.

"This is not the best start for pupils who are already suffering due to the stress of exams."

(CONTINUED ON PAGE 4)

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Readers' Letters

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Alternatives to 'bedroom tax'

THE Vale MP Alun Cairns, wrote in last week's GEM, expressing his support for the 'bedroom tax'.

He must know that almost half the people affected are getting a disability payment.

Does he also know that there are almost no smaller properties available for these vulnerable people to be able to move to?

This leaves them with a choice between losing part of their benefit, or perhaps becoming homeless. He ended the article by writing that anyone who criticises the bedroom policy needs to explain where the money would come from to reverse the policy.

Here are a few ideas: cut back on overseas aid; tax the excessive profits made by utilities companies; tax the bankers' bonuses; bring back the 50p top tax rate; and act to stop tax avoidance.

Instead of just talking about it, really *do* something to get the economy growing.

G Smith
Llantwit Major

Airport and cuts to bus services

DO residents in the Vale, especially these who voted Labour and Llantwit First Independent Party, appreciate the hypocrisy of Welsh Labour and Vale Council electioneering in 2012, which promised to, and I quote: "*Improve travel and transport, to co-operate in the delivery of initiatives to secure integrated transport, improving bus and train services for local communities"***

Well, one year on and Labour have cut the bus grants and, with the exception of some potholes which have been filled, there appear to be no initiatives, integration or improvements to the services in our local community.

As most normal people appreciate, the reverse seems to be the case, the bus services have been cut, resulting in job losses and missed appointments.

Perhaps we would have had some improvements to our services had the Welsh Labour Government not purchased Cardiff Airport.

Well, I guess the First Minister and his ministers can't be expected to travel to an English airport when they need to travel on their business trips to such places as Turkey, LA, Brussels, Barcelona and Chongqing.

I wonder what the Chinese can possibly have to offer the Welsh Minister for Housing?

I also wonder just how much has been spent promoting Wales abroad, and how much business has been actually generated as a result?

Gordon Wilkie
(Llantwit Major Conservatives)

Walkers & cyclists should be friends

I AM an avid cyclist and adore cycling along the coastal paths and routes of the Vale.

Unfortunately, some walkers resent us. If I approach a walker, I slow down and manoeuvre past them, if it is safe to do so.

If not, I let them know I would like to pass and they usually step aside with a smile and a greeting, and I also reciprocate with a polite thank you.

So, whatever exercise we enjoy, please let's just share these wonderful sights in harmony.

On a last note, my bicycle does not defecate along the way – but if it did, I would stop, pick up the mess and dispose of it accordingly – unlike a minority of irresponsible dog owners.

Ms SE Ware, Barry

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'Far better ways to tackle congestion than new road'

THE development of Barry Waterfront is long overdue – however, proponents of the new road between Barry Island and Ffordd Y Mileniwm are likely to be disappointed by its impact on congestion on busy days.

There is latent demand to drive to Barry Island, so any new capacity will quickly be taken up by those who currently avoid the causeway on busy days.

Inbound congestion is caused by the time it takes to park. If the speed at which cars can be parked on the island is not improved, there will simply be two queues with journey times as they are today. Providing sufficient parking for occasional days of exceptional demand is extremely expensive.

By creating a new route to the island, Braess's Paradox may occur... The paradox is that adding extra capacity to a network, when the moving entities selfishly choose their route, can in some cases reduce overall performance.

This means that individuals will choose their route on the basis of the flow of traffic, and their perception of reducing their own personal travel time – rather than the quality of the road, or the needs of the system.

The opening of Asda and the Cafe Quarter will further impact upon route choice and travel times.

Closing roads and removing street parking on the Island may have a more beneficial effect on congestion than the new road – which in being free attracts vehicles, encourages loitering, and discourages the use of pay-and-display car parks.

The Vale Council also needs to work at improving public transport infrastructure and services – especially Sunday and Bank Holiday services.

It must not repeat the mistakes seen along Ffordd Y Mileniwm and elsewhere when providing walking and cycling infrastructure – where the paths are too narrow, too close to hazards and not buffered from the road.

Ian Perry,
Vale of Glamorgan.

'WELL DONE TO VALEWAYS'

WITH Geraint Thomas as leader, and me tagging along as his back-marker on a beautiful warm sunny Saturday morning with a cooling breeze, it was a pleasure to take part in the recent annual Vale of Glamorgan Walking Festival.

One month earlier, a risk assessment was carried out on the picturesque route at Peterston-super-Ely, when five stiles were found to be defective, one actually leaning over at a very dangerous 45-degree angle, and Geraint duly reported the fact back to Valeways.

As a result of this, in recent weeks a large amount of work has been carried out by Valeways, with stiles either being totally replaced or duly repaired.

So, from the leader and the 11 walkers who enjoyed their glorious stroll at Peterston and the Ely valley, grateful thanks are sent to Valeways, for responding so quickly to make the route easier and much safer to walk.

It is very much appreciated.

Joy Strangward
Barry

Charity needs more volunteers

AS this week (June 1–7) is National Volunteers' Week, I am writing to say a huge thank you to all our dedicated volunteers for their fantastic contribution.

I would also like to ask anyone thinking about volunteering, to consider supporting Leonard Cheshire Disability. From care homes to campaigning, we support disabled people to live the life they choose. But we can't do it without volunteers who are at the heart of everything we do.

Whatever your background or skills, we have a volunteering opportunity for you. Visit www.LCDisability.org, call 0808 808 2236 or email volunteering@LCDisability.org to find out more.

Begoña Mendez
Volunteer enabling co-ordinator,
Leonard Cheshire Disability

Long wait for new junction

IT was good to see Labour cabinet members turn up for a question and answer session at Dinas Powys, but I was most disappointed that, as the first one to raise a hand to ask a question, on behalf of the much-flooded residents of St Cadocs Avenue, I was told by the Leader, Coun Neil Moore, that I could not ask a question as I am a Vale Councillor!

What nonsense! So much for openness and transparency.

In an open question to the cabinet, therefore, I want to know when Dinas Powys will be getting a replacement junction to replace the propped-up, Cross Common Road bridge, which was recently only deemed to be safe for another two years?

I asked for this junction over 10 years ago in one of our regular meetings of the Plaid Cymru group, with the then director, Rob Quick and senior heads of department of planning and highways.

The options were discussed for a new replacement bridge with a wider roadspan, or a new junction further towards Barry, to avoid the river.

We opted for the new junction and have been waiting impatiently ever since.

When will urgent Dinas Powys traffic/flooding problems be addressed?

Christopher Williams
(Elected member, democratic services, Vale Council)

Is Foreign Office on another planet?

THIS question has been asked before, and will no doubt be repeated in the future, but does this Government have control of its civil service, and does one arm of the Government know what another is doing?

I ask because, on a recent short business visit to Burgas, Bulgaria (which, if we are to believe certain politicians and media outlets, will soon be exporting its population en masse to the UK), our British Government is simultaneously extolling the virtues of British life and culture – and actively encouraging them to come here.

A series of 'British Weeks' is being held until June 11, showcasing our music, creativity, sport, heritage and business – while at the same time, the Foreign Office has placed advertisements in Bulgarian underground stations.

No! This is not April Fool's Day, and highlights of the campaign include a charity football match with Aston Villa FC, while Jonathan Allen, our ambassador, is opening the embassy for "traditional English (*not Welsh!*) tea and cakes".

Is Mr Cameron, who has said he wants to reduce the 'pull' factor for Bulgarians, aware that the Foreign Office appears to be on another planet?

Christopher Short
Barry

Regeneration: 'Barry's 40 years behind the times'

IT is very telling that a recurring theme in The GEM is people venting their wrath at things not getting done. The current topic is the second access road to Barry Island.

Another recurring theme is various councillors claiming credit for some relatively small triumph, and sniping at their opponents – in my view, a blatant tactic to draw attention away from what is not getting done.

I can't claim to be a 'Barry Boy', but I have lived elsewhere and can compare Barry to other places – and the evidence I have seen speaks for itself.

The decline of the south Wales seaport towns is down to the demise of the global market for Welsh anthracite coal to power steam engines in factories, in railway engines and in ships all over the world, when the world switched to oil-powered diesel engines.

That took place during the 1940s and 50s. By the 1960s, it was all over.

The second access to Barry Island is important to those who live on the Island, but one element in the regeneration of the town as a whole.

Why is it that people feel it necessary to have a public meeting to consider what action can be taken to speed up the construction of a road?

Swansea began a massive regeneration programme in the 1970s and it has never stopped. Cardiff has re-invented itself twice.

These things do not happen by themselves. These things happen, not because somebody waves a magic wand, they happen because people take action to make them happen.

As far as regeneration is concerned Barry is 40years behind the times.

Why? It's a good question isn't it.

David Alexander
Barry Island

Wartime display

AS part of the forthcoming 'Penarth Armed Forces Day' on Saturday June 22, my colleagues and I will be staging a display of memorabilia relating to local people who served during the two World Wars.

I am hoping that readers may be able to assist us in discovering more about the following:

Mr TJH Davison, who lived at 6 Cwrt Y Vil Road, Penarth, during the Second World War. He may have served in the Home Guard or as an ARP warden.

Ms Frances P Ashill, who lived in Merthyr Street, Barry, and joined the WRNS during World War Two.

If you can supply any further information or photographs of these two people, please call me on 07708 255295.

Dr Jonathan Hicks
Barry

• If you have a view on any issues of local concern, write to the Editor at the address given on this page

• Remember to include name, address, and telephone number!

HIGH TIDE TIMES
(UNTIL JUNE 13)

The high tides listed in this week's GEM are those in Porthcawl. It should be remembered that along the coast, high tide times will vary. For instance, in Barry, the high point will be 20 – 25 minutes later.

DATE	Time AM	Ht M	Time PM	Ht M
06 Thur	05.32	8.6	18.03	8.8
07 Fri	06.23	8.8	18.46	9.0
08 Sat	07.03	9.1	19.22	9.3
09 Sun	07.41	9.1	19.59	9.2
10 Mon	08.18	9.1	20.31	9.2
11 Tues	08.51	8.9	21.04	9.1
12 Wed	09.26	8.8	21.39	9.0
13 Thur	09.58	8.8	22.09	8.9

While The GEM makes every effort to check the accuracy of tide tables, we recommend that anyone putting out to sea, or walking in an area where they could be cut off, should always check with a tide table specific to their location.

E-Mail Contacts: ***gemeditorial@tindlenews.co.uk • gemsales@tindlenews.co.uk*** **• Tel 01446 774484**
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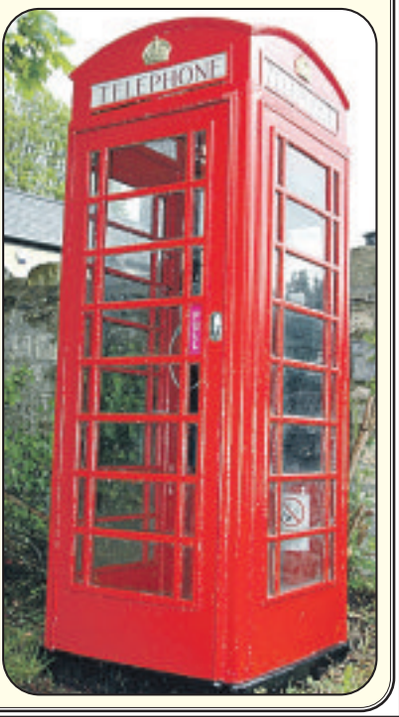
COWBRIDGE PHONE BOX IS LOOKING PRISTINE AGAIN!

LEFT and RIGHT: It was very much a case of 'before and after' in Llanblethian recently, when British Telecom arrived to repaint the traditional telephone box in the village. The repainting was part of a national maintenance programme, and Mike Wilcock was there with his trusty camera to capture the 'before' and 'after' images!



Tribute to Lee Rigby at memorial

FLORAL tributes have appeared on Cowbridge war memorial in tribute to murdered soldier Lee Rigby. A campaign is aiming to have flowers placed at war memorials throughout Britain in time for Drummer Rigby's funeral.

(*Photograph by Mike Wilcock*).

Townsfolk divided on the return of traffic wardens

THE GEM recently canvassed Cowbridge residents to gauge reactions to the Vale Council's decision to reintroduce traffic wardens.

One local shopkeeper believed that reintroducing traffic wardens was a "positive move for Cowbridge".

He stated strongly that wardens should act as a "deterrent" to people who continually park on double yellow lines in the middle of the high street, which results in the obstruction of traffic.

He does not worry about receiving a parking ticket himself as he "takes good care" by respecting road signs that display parking permits.

He said: "It is the vast majority who are being let down by a minority who are causing chaos".

Another resident, Mr Beaumont, also applauded the council's decision, believing that it can make Cowbridge increasingly "mobile".

He told The GEM: "The traffic presently can be very frustrating. The actions of a few are having an effect on everybody else".

He has even turned off his car ignition during traffic queues. People are "taking advantage" of roads that are not policed well enough.

The effect on trade was a point emphasised to The GEM by a number of local people, who felt it was imperative that the reintroduction of wardens avoids creating a "negative impact" on the local economy.

One businesswoman, who has been co-running a business in Cowbridge for just over a year, felt that while the streets "need regulating", if businesses are going to continue to thrive and compete in the free marketplace, there was a need to avoid "over-regulating" the streets, as this could turn away business from the town.

Others, however, expressed a different opinion. James Davies, who has lived in Cowbridge for three years, stated: "The town is currently in perfect shape with a great atmosphere and spirit, and that is why I do not understand the need to bring in traffic wardens, as Cowbridge is already functioning efficiently with very few incidents involving vehicles".

This view was backed by another local resident, who called the council's decision an "act of intrusion", stating that Cowbridge is an exceptionally rare example of a community that is driven successfully by the co-operation of local people. The authorities should respect this.

A shop worker said: "I see parking violations every day from where I work and therefore see this move as a good one."

A group of school students, aged 16 – 18 were also divided on the issue: one remarked that: "The fines wardens impose are ridiculous – the move is a bad one".

Another student disagreed, feeling the town is a "nightmare" to park in and that wardens would "be an unpopular but positive move".

JOE PALEY

Twinning group enjoys French trip

THIRTY members of the Cowbridge Town Twinning Association have now returned from their bi-annual trip to Clisson in France.

Even the weather added to our pleasure by providing us with two sunny days. The visit included a tour of the Cointreau distillery in Angers and a trip to Barthelemy d'Anjou in the Loire Valley, where we had a picnic with our host families in Behaud, a small unusual island in the middle of the Loire river.

On the last evening, hosts and visitors enjoyed an evening of dining and music in a local hotel.

BRENDA GROVE
Secretary

Fatal crash: police appeal

POLICE have renewed an appeal for witnesses to a fatal collision that occurred at about 10pm on Friday, May 24, on the junction of Heol Las and Tre Pit Road, Monknash.

"A green Peugeot 206 car driven by 23-year-old local man Andrew Rhodri Thomas was found overturned and Andrew was pronounced deceased. His family is being supported by a police family liaison officer," a spokesperson said this week.

"Police also need to speak to all those who stopped to provide assistance and, in particular, need to trace the owner of a silver 4x4 type vehicle which was seen in the location around the time of the collision."

Anyone with information is asked to contact the South Wales Police serious collision investigation unit on 101 or Crimestoppers free and anonymously on 0800 555 111.

LOCAL GROUP AIMS TO END LONELINESS

AN over 50s group has been formed in Bonvilston, meeting each Tuesday from 10am to 12pm in the Reading Rooms.

There are regular 'Goldies' singing sessions (patron Sir Cliff Richard), gentle exercise with Extend, monthly speakers, lunch clubs and trips out!

Jane Platts, 'Rural Connections' co-ordinator, said there was a serious problem with isolation, especially with the over 50s in the rural Vale.

"This initiative aims to help combat that by working with the individual communities and setting up schemes for them."

For more information, contact Jane Platts on 01446 795631 or email jane.platts@age-concern-cardiff.org.uk .

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ALL THE FUN OF THE FAIR IN COWBRIDGE!

The fair came to town last weekend in Cowbridge, and GEM photographer Andy Wicks took these pictures of local young people enjoying the day!

Dogs Trust art day – artwork is the centrepiece

AFTER two original pieces of artwork were donated by the late John Goddard to Dogs Trust Cowbridge's Boutique, the charity boutique team has decided to host a special art day on Saturday June 15 with these two pieces at the heart of the display.

Above: Donated work of art.

With a number of members from Cowbridge Art Society and local artists also invited to display their work on the day, the boutique will become a gallery for the south Wales art world.

Sales made on the day will help continue the work of Dogs Trust and find homes for the thousands of stray and abandoned dogs that come into the rehoming centres.

Jael Jones, Dogs Trust Cowbridge Boutique Manager, commented: "We've been consistently surprised and delighted by the level of support the Boutique has received from the local community and the donation from the Goddard family is another great example.

"The range of items we've been able to sell has helped us create a solid customer base and we hope to make the Art Sale a regular event in the Cowbridge calendar."

Jamie Goddard, son of John Goddard, said: "Dad was always a supporter of Dogs Trust, so we were delighted to be able to donate two of his pieces to the Cowbridge Boutique.

"We can't wait to see them take pride of place and hope that they will help attract people to the shop who will help the charity raise much needed pounds for rescue hounds."

In addition to the special art additions visitors to the shop will be offered Bucks Fizz and homemade treats for the two and four-legged customers, which are always well received! Dogs from nearby Dogs Trust Bridgend Rehoming Centre will also make a special appearance.

The art day will run between 9.30am – 4.30pm and the Boutique is at 62 Eastgate, Cowbridge, Vale of Glamorgan, Wales, CF1 7AB. Those wanting to contact the team about donating any items to the shop can do so on 01446 774 423.

Dogs Trust is the UK's largest dog welfare charity and has a network of 18 rehoming centres including Bridgend, which care for over 16,000 dogs every year.

HANNAH BAKER

Planners to examine drilling application

PLANNERS are due to meet today (Thursday, June 6) to consider a drilling application near the village of Llantrithyd.

At 10.30am members of the Vale Council planning committee will visit the proposed site which is located on the Bonvilson to Llancadle road.

Councillors will reconvene later in the day at the Civic Offices, Holton Road, to consider the application.

Local people have expressed opposition to drilling.

The application is one of three made to the Vale Council recently by Coastal Oil and Gas Limited.

At the time the new applications were made, local MP Alun Cairns, who has met representatives of Coastal Oil and Gas Limited, said he would like to see the Welsh Government introduce "strong guidance" to local authorities in the area of drilling.

He explained:"Planning is a devolved issue and planning departments at a local level may not have the necessary technical knowledge and expertise to fully understand the ramifications of planning gas exploration and extraction."

Kathleen receives an award for long service

(CONTINUED FROM PAGE 1)

Marc continued: "She is well known by generations of families who have attended the school and I am sure they will be able to recall a situation where Kath helped improve the quality of their lives in some way.

"Kath will now go through for a 'big bash' in London to announce the UK winner, at an event which will be televised on BBC2 in October."

Kathleen said: "I have thoroughly enjoyed my teaching career at Mostyn and Mary Immaculate High School over the past 44 years, especially the last 14 years, working with pupils with challenging issues and doing my best for them.

"I am now 65 and it is time for me to hang up my 'educational boots'. It saddens me to do so but nobody can go on forever.

"I have had an amazing career and all I ever wanted to do was the best for the thousands of pupils I have had before me and for them to realise that they are unique, have special talents and are able to fulfil their dreams just as I did.

"Special thanks to my headteacher Marc Belli, who nominated me for this prestigious award and my family, Tom my husband and Heather and Lynette, my daughters, who have put up with my commitment to education and always given me the support to do what I was born to do."

ABOVE: Kathleen Dungey and husband Thomas at the award ceremony.

BUS SERVICE CHANGE AFTER EXAM WORRY

CONTINUED FROM PAGE 1

Gail said that there had been problems in May. She said: "On Monday, May 13, the bus also did not turn up. My daughter was panic stricken as she had an ethics and philosophy exam first thing in the morning.

"I had to race back from work in Cardiff to pick her up in Rhoose and take her to school. She arrived in school just in time for the exam (with literally one minute to spare)but she was in a terrible state of panic and I feel this would have had a detrimental effect on her exam grade.

"She had studied well and was prepared for the exam, but struggled to settle, as she felt anxious after the stress that morning.

"This is totally unacceptable and on speaking with the council, they have said 'council officials were in a meeting trying to come to a solution'".

On Tuesday, a Vale Council spokeswoman said: "GM Coaches, which operates the V5 service, has advised the council that they are operating the service today.

"However, in view of the severe problems that passengers have experienced with bus service V5 over the past week, the council has arranged for another operator, Watts Coaches, to cover the service until Saturday, July 20, when the service is due to end."

The Leader of the council, Coun Neil Moore, said: "I am pleased that in view of the severe problems that passengers have experienced, we have been able to make arrangements,at extremely short notice, for another operator to cover the service until July 20.

"Alongside this, we plan a full review of rural bus services to ensure that we can provide an efficient and effective service.

"In making this decision, we were very mindful of the fact that regular passengers had received no warning and of the resultant inconvenience caused to regular users as a result of the actions of GM coaches."

Details of bus service V5 timetable can be found on the council's website *www.valeofglamorgan.gov.uk*

The GEM contacted GM Coaches and asked for a comment but, at the time of going to press, none had been received.

GROUP SAYS THANK YOU

THANK you to all those who were shopping in Cowbridge on Saturday, June 1 and generously supported Greyhound Welfare in our street collection and awareness-raising event.

The street collection raised a total of £125.42, which will be helpful in meeting vets' fees and kennelling costs before rescued dogs are found homes. We are very grateful to all who contributed, and to Mike who stopped to take our photo! (*See facing page*)

If you wish to enquire about sharing life with a greyhound, telephone Paula on 01633 892846. For general information, please telephone 01446 750663.

John Richfield, St Athan.

SOCIETY SEARCH FOR DONOR

THE Llantwit Major Horticultural Society are holding their show on August 17 and for the best in show exhibit, there is a trophy that was donated by a Mr Bill Webb many years ago.

The society would like to contact Mr Webb with a view to replacing/refurbishing the trophy. However, the society have no details for Mr Webb. Any information would be appreciated.

Contact the show secretary (Mr A W Payne, 01446 796551), the society secretary (Mrs S Geary, 01446 792087), or on Sundays, the LMHS shop near the fire station.

NURSERY'S TEA PARTY HELPS MARIE CURIE

Pictures by MIKE WILCOCK

STAFF at the Fun Foundations Nursery in Cowbridge opened the doors last Saturday morning for a Marie Curie Tea Party.

Local firefighters paid a visit as well, and a delighted Amy Theophilus of Fun Foundations, said that the event had raised a total of £305 for the charity.

DID YOU KNOW YOU CAN READ YOUR GEM ONLINE?
cowbridge-today.co.uk
or llantwit-major-today.co.uk

Getting to know the greyhounds!

The local greyhound rescue group are regular visitors to Cowbridge, and they were in town last Saturday, giving passers-by the chance once again to meet their dogs. The visits enable the group to raise awarenessof the plight of retired greyhounds, and of the need to find caring owners for dogs who are no longer chasing the electric hare.
Photograph by MIKE WILCOCK.

Concert in St Hilary

COED HILLS Rural Arts Space in St Hilary hosts a concert featuring cellist Emma Black and pianist Susan Bird on Wednesday, June 12, at 7pm.

They will be playing music by Beethoven, Brahms and Piazzolla, and Susan Bird told The GEM that she was excited to be playing on the arts space's new Steinway concert grand piano.

Tickets are available on the door (£5 adults, £3 children). Soft drinks are provided or bring your own wine, and there will be a raffle for the charity 'Mothers of Africa'.

The charity, set up in 2005, sends volunteers from Welsh hospitals to help with medical training and has worked in four countries: Ethiopia; Benin; Togo and Liberia.

COMMUNITY NEWS

TREOES, LLANGAN & ST MARY HILL
Your local correspondent is Nancy Davidge, "Tynewydd", Llangan. (01656) 860303

Event venue

PLEASE note, this year's Llanfest event which will take place at Llangan and St Mary Hill on June 8 in the car park of the community hall, not at Fferm Goch green.

Car parking will be available in close proximity to the hall. Entertainment will begin at 2pm-6pm.

Elected

FOLLOWING the AGM of Llangan Community Council, Mr Richard Mann was elected to serve as chairman and Mr Nigel Blethyn vice-chair. Both gentlemen are resident in Llangan.

St Canna's Llangan

PEOPLE'S subwarden: Mrs Ruth Williams, Treoes.

Church committee: Mrs R Williams, Mr G Williams, Mrs Gill Lewis, Mr B Wilson, Mrs E Mathews, Mrs J Naylor, Mrs C Hanson Jacques.

St Mary Hill Church

SUBWARDENS: Mr David Griffiths, Mr Gareth Lloyd; organist, Mrs Mary Lloyd.

Church committee: Mr G Lloyd, Mrs Mary Lloyd, Mr D Griffiths, Mrs Kay Lewis and Mr Simon Lloyd.

Caritas set for charity concert at Ewenny...

THANKS to the great GEM coverage of our first Caritas concert at Ewenny Priory, we raised £1,000 for the NSPCC and £150 for the Priory.

The next concert is to be held at St German's Church in Roath, on Thursday June 27 at 7.45pm.

The aim this time is to make over £1,000 for WaterAid, a wonderful charity, which provides water for third world villages that have no water at present.

The title of the programme is 'Music for Kings and Queens' with plenty of coronation emphasis – Parry's 'I was glad' (also sung at the entrance of the bride in the most recent royal wedding), 'Zadok the priest' plus Handel's other three Coronation anthems and some other great pieces of choral music.

LINDSAY GRAY
caritaschoir22@gmail.com

Spectrum concert

"OWING to the illness of their musical director, the Spectrum Singers will be unable to appear at St Lawrence Church, Lavernock tnis Saturday, June 8," says Rev Margaret Stark.

"However, arrangements are being made to provide alternative entertainment for that evening, so please come along at 7pm,"

Bridge Club May results

PENLLYN Bridge Club results for May were as follows:

Thursday, May 2, 15 pairs – First: Judith and Colin Nunn; 67.08 per cent; second, Catherine Domican and John Hunter, 64.17; third, Chris Impey and Julia Evans, 58.71.

Thursday, May 9, 17 pairs – First: Ann Richards and Allan Evans, 60 per cent; second, Brian Tucker and Mandy Meier, 58.77; third, Chris Impey and Julia Evans, 56.79.

Thursday, May 16, 21 pairs – First, Allan Evans and Dorothy Williams, 62.78 per cent; second, Colin and Judith Nunn, 60.86; third, Jo Ilsley and John Lord, 58.59.

Thursday, May 23, 16 pairs – First, Jo Ilsley and John Lord, 62.34 per cent; second, Catherine Domican and John Hunter, 55.94; third, Barbara Easterbrook and Sally Casey, 54.22.

Thursday, May 30; second round of the Robert Brown Cup, 18 pairs – First, Catherine Domican and John Hunter, 66.48 per cent; second, Viv Roberts and Colin Easterbrook, 59.09; third, Brian Tucker and Mike Baron, 58.24. **CN**

HERITAGE COAST ART EXHIBITION WAS HAILED 'GREAT SUCCESS' AT ST DONAT'S

PHOTOGRAPHS
by **GLYN EVANS**

OTHER PICTURES ARE AVAILABLE FROM THIS EVENT.
Pictures can be purchased by contacting:
e-mail ffotoimage@tiscali.co.uk
telephone 07791 228684.
Visit our studio in the Wool Barn, Verity's Court, Cowbridge.

ST Donat's Art Centre played host to an art exhibition showcasing the Glamorgan Heritage Coast last month.

Artworks and photographs by more than 50 contributors were on show – all inspired by the Heritage Coast.

The exhibition, part of a project to raise the profile of the area, was organised by Nicola Sumner-Smith, a senior rural regeneration officer at Creative Rural Communities, in partnership with Tracey Harding, arts development officer at the Vale of Glamorgan Council.

A spokesperson said that there was talk of touring the exhibition, and that the artists had been keen to work together again. As a result, it was hoped to develop an arts exchange programme.

For more information on the Heritage Coast Project, or to learn more about the Vale arts exchange, contact Nicola Sumner-Smith or Tracey Harding on 01446 700111 or e-mail artinthevale@valeofglamorgan.gov.uk

Air Cadets take on tough challenge

Air cadets from across south Wales, including the Vale, recently took part in the gruelling Cadet Cambrian Patrol.

Cambrian Patrol was set up more than 40 years ago, by Welsh Territorial Army soldiers who designed the training event to feature long distance marching over the Cambrian Mountains, culminating in a shooting match on Sennybridge training area.

Since then, the exercise has been rigorously updated to meet the challenges faced by modern soldiers.

The Cadet Patrol is a slightly downsized version of the full Patrol, but still incorporates challenging tests. It was originally a competition between the ACF and CCF, but teams from No 1 Welsh Wing ATC and the SCC have been taking part as guests in recent years.

In preparation for this year's patrol, the cadets went through a rigorous training programme.

When asked if the training had prepared her for the Patrol, Sgt Hannah Gaskin (2300 (St Athan) Squadron) said: *"The training definitely prepared me, though nothing could actually compare to the Patrol!"*

It took place in the Brecon Beacons, renowned for its temperamental weather conditions.

The junior team, led by Sgt Chris Nunan (1344 (Cardiff) Squadron), were awarded a bronze medal. Unfortunately, the senior team, led by FS Phil Campigli (1344 (Cardiff) Squadron), missed out on a bronze medal by only eight points.

Cowbridge plant fair

There will be an unusual plants fair at Old Hall Gardens, Cowbridge, CF71 7AH, on June 15 at 10am – 4pm.

It offers the chance to meet local growers and get professional advice. Free entry and parking.

Art society

TODAY (Thursday, June 6) Cowbridge Art Society welcomes local artist Lesley Dearn, who will lead a practical session on mixed media drawing.

The society meets on Thursday evenings at the Old Hall, Cowbridge 7pm – 9pm. Visitors are welcome.

The society is also holding an exhibition of members' work at the Norwegian Church, Cardiff Bay from June 10 -16; at 9am – 6pm. Free entry.

Major Music fayre dates

MAJOR MUSIC has been providing weekly autism music sessions for pupils and young people.

Working in partnership with Ashgrove and Maes Dyfan schools, it allows local young people with special needs to get involved with music.

On June 22, Major Music will be on stage at Llantwit Major's Victorian fayre day providing a variety of music throughout the day. They will also be playing at Eagleswell summer fair on Friday, June 28 from 3pm – 6pm. Sessions continue until Tuesday, July 17, come along for a free taster session!

We would welcome sponsors and volunteers to enable us to give the young people the best opportunities at the sessions. To find out more, contact Phil Kirkham on 01446 792543.

AJ

What's on, and where
IN BRIEF

Retro craft at Llantwit

THE rise in popularity of traditional craft skills is reflected in the diverse range of items produced by the Llantwit Major art and craft group.

Their annual exhibition will show a wide range of unique, original and handmade craft items together with a selection of paintings, drawings and prints, many of which will be available to purchase.

A selection of craft skills, including felt making, spinning, knitting, machine embroidery and mixed media work will be demonstrated together with painting, drawing and lino printing. The artists will be available to discuss their work and give technical advice and encouragement as needed. Tea, coffee and cake will be available during the day.

The exhibition will be open from 10am until 4pm on June 8 – 9 at the Llantonian Hall, Llantwit Major.

Bonvilston open day

BONVILSTON open day on Saturday June 15 will host various attractions around the village in a unique event to support St Mary's church.

They include four open gardens, a quilting exhibition, St Mary's church decorated and a photographic history of the village.

The Reading Room will host the quilting exhibition together with a number of stalls selling cakes, plants and cards. Tea and coffee will also be served.

Entrance to all the events is £5, with free parking available at the Reading Room.

Valeways

ON Tuesday, June 18 at 1.30pm, 'Beach and dovecote', starting at Llantwit Major railway station car park.

On Thursday, June 10 at 10.30am, the coffee shop strollers meet at Rhoose railway station car park.

National Survey sounds positive note on Welsh health and education

LAST week, the results of the National Survey for Wales were published with some encouraging news about how people in Wales feel about our public services.

The survey reveals that people are very positive about the Welsh NHS and the quality of Welsh schools, but remain concerned about their ability to make ends meet financially.

The National Survey collects robust and detailed information on the views and experiences of people across Wales on a wide range of issues, involving face-to-face interviews with around 14,500 people each year. The overall rating for health was 6.4, education 6.4 and transport 6.0. (A rating of 10 is 'extremely good' and 0 'extremely bad').

People were also asked to rate their satisfaction with the Welsh Government and the average rating was 5.8, compared to an average score of 4.3 for the UK Government and an average of 3.8 for governments across Europe.

At a more detailed level, 96 per cent of people who saw a GP or had a hospital appointment agreed that they were treated with dignity and respect; 92 per cent were satisfied with the care they received from their GP at their last visit; and 90 per cent were satisfied with the care they received at their last hospital appointment.

If you look at findings for education, 92 per cent of parents were satisfied with the primary school their child attended, and 83 per cent were satisfied with their child's secondary school.

Internet use was also interesting with 73 per cent of households saying they had access to the internet – equating to approximately 79 per cent of people aged 18 or over having access to the internet at home.

In my response to the survey findings, I said that the Welsh Government would use these results to inform the development of our policies and the delivery of our public services.

This survey was published a week before the annual debate on the delivery of our programme of government, which was led by the First Minister, Carwyn Jones AM in a Welsh Government debate in the Senedd on Tuesday.

It is clear that the National Survey for Wales provides an opportunity for people to give their opinions on the issues that affect their lives.

We are committed to taking into account the views of people we serve and respond to all complaints and difficulties with care, respect and diligent attention.

The full results can be found on the Welsh Government website http://wales.gov.uk/topics/statistics/latest/?lang=en.

Assembly Notes

by Vale AM
JANE HUTT
(Minister for Finance and Leader of the House)

Attempted robbery in Barry – *appeal*

POLICE in Barry are appealing to the public for help following an attempted robbery at around 11.10pm on Bank Holiday Monday, May 6, when a 23-year-old woman was approached by three males in Hood Road, Barry Waterfront.

They struck her and attempted to steal her mobile telephone and purse, but after a short struggle, made off empty -handed.

Anyone with information is asked to contact Detective Constable Catrin O'Brien at Barry CID on 01446 731606, or 101; or free and anonymously via Crimestoppers, on 0800 555111 (quote reference 62130134667).

Advice surgery

JANE HUTT, AM for the Vale, will be holding a surgery on Friday, June 7, from 4pm to 6pm at Trinity Church Hall, Trinity Street, Barry.

RAFA'S memorabilia appeal

THIS year, the Barry RAFAbranch celebrates its 75th anniversary – and its 50th as an individually-registered charity.

The branch, the oldest in Wales, was formed on November 14, 1938 when the construction of RAF St Athan brought personnel from all over the UK into the area.

In particular, a group of civilian instructors arrived who had been members of the Henlow and Hitchen branch.

They formed a branch known as the Cadoc, St Athan and Barry branch of The Comrades of the Royal Air Forces.

Members met at various locations, including No 2 Wing NAAFI reading room at St Athan, the Barry Hotel and the West End Labour Club.

As membership levelled off at the end of the war, the need for a permanent home became desirable.

The branch, now under the auspices of RAFA, purchased their headquarters, 21 Porthkerry Road, Barry, in March 1949, a former doctor's house and surgery.

After many alterations and furnishings, the branch HQ opened its doors to the licensed social club on August 1, 1949.

Regretfully, the social club closed in 2007, let for a year and renamed 'The Kerry Inn', but inevitably, the branch had to make the difficult decision and sold the building in March 2010.

According to records, the Barry Rafa Club also took over the organisation of the carnival from 1955 to 1958, and one of the prizes in a competition was an 8ft rock with 'Wings Week 1955' through the middle, donated by Alf Crane.

The Carnival Queen competition, held at Bindles, changed its name to 'Miss Wings'. By 1958 RAFA gave up organising the carnival and it lapsed into obscurity until its revival in the 1970s.

Throughout September an exhibition in the library will form part of the branch celebrations, with an 'open day' at King Square on September 7.

Numerous other events throughout the year are also planned.

Contact Howard Provis on 01446 418546.

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Bristow

Community Exhibition

St Athan Search and Rescue base development proposals

Bristow Helicopters Ltd would like to invite members of the public to attend a drop-in community exhibition on the proposed development of the new Search and Rescue base at St Athan Airport.

The exhibition will provide the opportunity to examine plans for the development and attendees will be invited to ask questions and provide feedback on the proposals.

Date: Monday 10 June 2013, 12 noon – 8pm

Venue: Old School Hall Community Centre, Church Lane, St Athan, Vale of Glamorgan, CF62 4PL

Free car parking is available.

A literary lunch boosts the NSPCC

OVER £3,000 RAISED!

ABOVE: Author Belinda Bauer gave a talk at the 16th annual literary lunch in aid of the NSPCC, which helped to raise over £3,000 for the charity.

MORE than 150 guests enjoyed the 16th annual literary lunch – to help raise over £3,000 for the NSPCC at The Bear Hotel in Cowbridge.

Guests were treated to a "delicious buffet and dessert", followed by an entertaining talk by award-winning crime writer, Belinda Bauer. The lunch was organised by the Cardiff branch of the NSPCC, comprising committees from across Cardiff and the Vale.

The groups of volunteers hold a series of events throughout the year to raise money for the children's charity and then all work together for this large established branch event.

The event was also supported by Barclays Bank , including two members of staff from the Cowbridge branch, Samantha Punter and Julie Fordmembers.

Their hard work selling raffle tickets at the event means that the NSPCC will hopefully benefit from £750 worth of matched funding.

Sara Edwards, president of the NSPCC Cardiff Branch, said: "It was a fabulous event and everyone had a wonderful time. It was even more enjoyable knowing the event will benefit a very worthy cause."

Jo Leonard, NSPCC community fundraising manager for Cardiff and the Vale, said: "The event was a huge success, raising a fantastic amount for children. I would like to thank the organisers, guests and, of course, the wonderful speaker, for their commitment to making a real difference to the lives of children, young people and families who need us the most.

"None of our services would be possible without the continued generosity of donors, fundraisers and supporters."

For more information on how to help support the NSPCC, contact Jo on (01446 795404).

PUPILS HAVE LESSONS IN PERSONAL FINANCE

PICTURED ABOVE: Cowbridge Comprehensive pupils Erin Carbis, Gemma Tooze, Jas Emery, Seren Hawksworth, Jordan Cummings and Alun Cairns MP.

COWBRIDGE Comprehensive pupils are taking part in Wales' first ever My Money Week (June 3 – 9) with schools and organisations across the country, giving young people the chance to learn more about money and personal finance.

Launched by Vale MP Alun Cairns, it is part of a new partnership between financial education charity pfeg (Personal Finance Education Group) and Barclays.

The MP met pupils at Cowbridge as they began the week with special activities, which aim to improve young people's financial skills, knowledge and confidence.

Mr Cairns said: "I think My Money is a great scheme which helps pupils of all ages to learn essential financial life skills while still at school."

Teachers in the Vale can order free My Money Week activity packs at *www.pfeg.org/mymoneyweek*

Tories offer a 'blueprint' to boost Cardiff Airport

A 'BLUEPRINT for Cardiff Airport' which sets out a "vision for growth in passenger numbers, routes and value for money" has been launched by Andrew RT Davies, leader of the Welsh Conservative group in the Assembly.

The event was co-hosted by Byron Davies AM, the group's shadow transport minister.

Mr Davies also set out plans to "reimburse taxpayers" for the £52 million spent by the Welsh Government to purchase Cardiff Airport.

He mintained that the "bold vision" would more than double the value of the airport and lead to its return to private ownership, with profits being split between investment in infrastructure and returning the spend to Welsh taxpayers.

"Cardiff Airport should be seen as Wales' gateway to the world, but unfortunately, it is suffering from neglect and a lack of leadership and vision."

Conceding that the Conservatives had opposed the Welsh Labour Government's decision to nationalise the airport, he went on:"Now that the money has been spent it is vital that we work hard to make it a success and return it to private ownership as soon as possible.

"We believe that the Welsh Government could have supported Cardiff Airport earlier, and with a far more modest investment; by offering support to airlines seeking to establish new routes.

"We have an ambitious plan to increase the airport's value by attracting new airlines and routes, improving public transport links and using air passenger duty as a lever to make rates at Cardiff Airport more competitive."

The blueprint seeks to: establish a new 'Airlines' Director; to attract new carriers; devolve air passenger duty to Wales, to lower rates to improve competitiveness; improve the Welsh marketing campaign to showcase Wales to emerging markets; improve public transport links to Cardiff Airport and plan for longer-term investment in road infrastructure; and enhance freight transfers through Cardiff Airport by offering competitive rates to local, regional and international businesses.

Not the first time in rugby final!

WHILST I would like to congratulate the Cowbridge Comprehensive School's under-16 rugby team on reaching and winning the Welsh Schools under-16 Cup, I would like to correct the statement that we had never before reached the final.

In fact, a team in 1995 reached and won the Cup. They played Hawthorn School at Waterton Cross and won 26–13.

The same team two years earlier had won the under-14 Welsh Cup. They played West Mon (Pontypool) at the University of Glamorgan ground and the score was 5–0.

The crowning glory came when they went on to win the under-18 Welsh Cup, beating Brynteg School at Cardiff Arms Park 8–6.

Only Glantaf School has ever had a team that won all three Welsh Cups.

I feel it would be a pity if such an achievement were to go unmentioned.

'A proud parent'
(Name and address supplied)

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'Island road a greater priority than housing'

LAST week, I joined a packed public meeting on Barry Island – to discuss the lack of development of a new access road to the Island.

The meeting, called by local residents Ian Bailey and Barrie Evans, was held at the Barry Island Sports and Social Club. The meeting considered the latest position and agreed that the five-year delay was completely unacceptable. Also in attendance were councillors Richard Bertin and Nic Hodges.

There was particular anger from residents that no-one from the Vale Council cabinet, or the Assembly, turned up.

Having met with the developers of 'The Quays' in the spring, I was alarmed to hear that they had offered to complete the access road all the way to Barry Island, but that the Vale Council had said that they should prioritise housing in its place.

As a result, the road may not be completed until 2017, or even later – possibly 2020.

Not one of the many residents and businesses who have contacted me on this issue has asked for the social housing development on the Island to take priority over the building of the new access road.

Access to Barry Island is key. Visitors and residents alike need to be able to get on and off the Island efficiently.

As GEM readers will be aware, I've called on the council and the Welsh Government to prioritise the new access road and to be clear in their reasons for not progressing the new build as a matter of urgency.

I was pleased that the Minister for Regeneration, visited Nell's Point last month. I trust he now better understands the importance and urgency of creating the new access road to the Island and the delivery of the Collins Report.

The developments would include an aquarium and family visitor centre. Important too is the need for further regeneration investment in Barry.

The delays are naturally inconvenient to residents and traders, but there are also more serious issues for all concerned. Access for emergency vehicles is a worry to everyone.

Only last week, the RNLI expressed concerns about getting to their base during busy summertime periods. They don't benefit from emergency sirens to get through the traffic.

I am desperately concerned that at peak traffic periods they are considering basing themselves at their station. This would have huge implications on their time commitment, remembering that most are volunteers.

This situation is wholly unacceptable and the Vale Council and Welsh Government must come up with a solution.

Simply delaying the housing and prioritising the access road would not cost the council a penny. Its construction is a condition of the development of 'The Quays' area. There could be an option of a 'loan facility' from the Welsh Government, but no firm offer has yet been made.

The developers are happy to pay for the new road. I simply don't understand why the council don't let them just do it.

Vale MP Alun Cairns reports to GEM readers

TOWN CENTRE STUDY GOES TO VALE COUNCIL

IN light of widespread concerns over the future of town centres, a report has been drawn up on the Vale's main towns.

It has examined ways of addressing opportunities and the challenges facing Barry (Holton Road and High Street), Barry (Broad Street), Penarth, Llantwit Major and Cowbridge, and was considered at a meeting of the Vale Council's cabinet.

"The Vale of Glamorgan Town Centre Framework assesses the strengths and weaknesses of each of the five town centres as part of the study," a council spokesperson explained.

"It also makes suggestions on how the town centres could become more attractive and successful destinations, which are enjoyed by residents, workers and visitors.

"The cabinet agreed to refer the report to the economy and environment scrutiny committee for information. It will also be shown to stakeholders for consideration.

"A stakeholder engagement event will be held in the near future and a feedback report on the event will be presented to cabinet," the spokesperson concluded..

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It's been a crazy few months for Cloudy2Clear Windows. The company which specialises in repairing windows which are steamed up, broken or damaged by replacing the panes – not the frames has grown rapidly as homeowners take advantage of their services.
Branch Manager Phil Powell feels that it's all about service. 'Our product is simple. If your double glazing is misted up we can replace the glass at a fraction of the cost of a new window, in any type of frame, and with a new 5 year guarantee. But it's not just about saving people money, although that obviously helps. Many tradespeople have struggled since last year and I honestly feel that during the good times a minority perhaps didn't focus on customer care as much as they should have done. We make sure we turn up when we say we will, do the job the customer requires and leave their house as clean as a whistle. I often get comments back from customers on how they really didn't expect that sort of service which, in a way, is very sad for the service industry as a whole.'
Cloudy2Clear service the Vale, Bridgend, RCT and Porthcawl areas and Phil is finding that his approach is a major factor in his success. 'The truth is that it's not just the personal satisfaction that I get from doing a good job but also it makes good business sense. I get a huge amount of business from friends and family of people I've done work for, which just goes to show how much a little bit of effort is appreciated.'
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Weston Bay SATURDAY June 8 Leave 4.30pm back 8.30pm. Fare: Cruise Weston Bay £17 SC £15
Showboat SATURDAY June 8 Leave 8.30pm back 11pm. Fare: Cruise Holm Islands with Live Band! £19
Lundy Island SUNDAYS June 9 & June 23 Leave 9.30am back 9.15pm. Fare: Visit Lundy Island £43
River Severn & Bridges SUNDAY June 16 Leave 10am back 3pm. Fare: Cruise River Severn £25
Ilfracombe Glorious Devon SUNDAY June 9 & 23* Leave 9.30am back 9.15pm; SATURDAY June 15 Leave 11.30am back 8pm; MONDAY June 17 Leave 11am back 9.55pm; TUESDAY June 18 Leave 10.45am back 5.45pm; SATURDAY June 22 Leave 9am back 7.30pm. Fare: Visit Ilfracombe £33; Seniors only £31 on weekdays *Back 8.25pm
Minehead & Steam Train MONDAY June 17 Leave 11am back 9.55pm; SATURDAY June 22 Leave 9am back 7.30pm. Fare: Visit Minehead & Steam Train £43
Minehead Porlock Bay WEDNESDAY June 19 Leave 12.15pm back 5.45pm. Fares: Visit Minehead £27 SC £25; Cruise Porlock Bay £29 SC £27
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Prostate cancer: 'Wales will become backwater for treatment' – Tory claim

WELSH health Minister Mark Drakeford has insisted that men who need robotic surgery for prostate cancer are at liberty to apply for funding from the Welsh NHS to have the procedure carried out in England.

He was responding to a letter from a regional Tory AM, Byron Davies, who has backed a campaign launched by the Glaze Charity and Prostate Cymru.

At the moment, no centres in Wales have the robotic surgery equipment, which costs £1.7m, although 42 hospitals in England do have this equipment.

Mr Davies, a Welsh Conservative regional AM for South Wales West, is urging the Welsh Government to purchase this equipment and claimed that Welsh men were being "short-changed" at present.

"In England, men can have this treatment for nothing under the NHS, but if a Welsh patient goes over the border, he is given a bill for £18,000.

"That's because the Welsh Government has refused to fund it, apart from the case of one patient.

"This is leading to a two-tier health service in the UK with Wales on the bottom rung," he insisted.

"It's all very well for Mark Drakeford to say that patients can apply for special funding, he knows that just about every application for this treatment has failed.

"He does say that technology has a major role to play in health treatment and that organisations in Wales have been invited to apply for funding.

"It is my understanding that Cardiff and the Vale University Health Board is to apply for funding to provide the first robot surgical equipment in Wales at The Heath.

"I sincerely hope that the funding for this will be provided via the Health Technology Fund. This robot can be used for other types of surgery as well as prostate so potentially, it can benefit a lot of patients.

"If the application is refused, Wales will become a backwater in the treatment of prostate cancer and we will fail to attract high calibre doctors to this speciality.

"They will rightly conclude that their careers cannot advance as they should if they are unable to undertake these procedures," Mr Davies concluded.

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SHADOWS CLUB

ON June 11 at Penarth Conservative Club, Stanwell Road (029 2030 9979) South Wales Shadows Club 8pm; usually £3. All are welcome.

Film gives the young film makers a Shout

SINCE March, a group of film enthusiasts in Barry have been working together to create an original storyline and make it into a short film.

This task has been part of the 'It's My Shout', scheme which has gone from strength to strength since 2003, offering creative talent the opportunity to learn new skills and to get 'on the job' experience relative to the media industry.

The Barry group's work has been overseen throughout by producers Katy Ruffy and Victoria Stephens, on behalf of the 'It's My Shout' company.

Director of photography for the film was Mei Lewis of Mission Photographic, and the script contributions were coordinated by scriptwriter Alex Reynolds of Newport. Facilities and general support were provided by the media department of Barry's YMCA Hub.

The storyline follows the effect that dementia has on a small family, though it does conclude with a possibly life affirming experience. The script was developed from a series of improvisation sessions. A group of individuals when they started off , they quickly became a team, and all offered many suggestions towards creating an interesting storyline.

Assistant director Anne Marie Gardiner tells us that she: "really enjoyed taking part and finding out all the work that goes into making even a short film."

Joe Barker (sound) learned a lot about location sound acquisition: "But one of the highlights for me was during a visit to the BBC Roath Lock studios when I was allowed to stand on the control deck of the new Tardis – it was absolutely huge!!"

Nigel Streeter, one of the main actors, says: "This project brought together a group of people all interested in different aspects of the film industry. It was a great learning experience – hard work but good fun."

The short film 'I'm Here' that was produced is presently in final post-production and it is hoped to have its premiere showing at the Barry Hub on Saturday June 22 at 7pm.

For those who are interested in film making, 'It's My Shout' will shortly be moving into its summer project, making six films for BBC Cymru/ Wales.

Information can be obtained from info@itsmyshout.co.uk.

KEVIN O'CONNOR (script director)

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International Glaucoma Association iga

ADVERTISEMENT FEATURE

NATIONAL GLAUCOMA AWARENESS WEEK

JUNE 10-16, 2013

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WHAT IS GLAUCOMA?

EXPERTS at Age Concern UK have issued advice and information about Glaucoma.

Glaucoma is one of the most common causes of preventable blindness. It can be picked up as part of a normal eye test and once treatment starts, its progress can be halted.

Here, Age Concern explains what glaucoma is and how it affects your sight, how certain groups of the population are at particular risk, the simple tests that can lead to its detection, and the treatments you may be offered.

Treatment cannot reverse damage already done and is likely to be necessary for the rest of your life… but sight can be protected if it is picked up in time.

What is it?

Glaucoma is the name of a group of eye conditions that affect vision. Of the many types of glaucoma, chronic glaucoma is the most common.

It usually affects both eyes but can start in one eye before the other.

Often in chronic glaucoma, the pressure in the eye is higher than it should be and over time this causes damage to the optic nerve at the back of the eye.

The optic nerve carries visual information from the light sensitive part of the eye to the brain, where it is translated into a picture. Damage to the optic nerve can affect sight.

Why does it occur?

The eye produces a fluid (aqueous fluid) that helps maintain the shape of the eyeball and transports nutrients to the eye.

This fluid is produced by cells behind the coloured part of the eye (the iris) and is not the same as the fluid that forms tears.

Normally the amount of fluid produced is balanced by the amount draining away through special drainage channels.

In glaucoma, the balance between the production and draining away of fluid may not be correct. If the fluid doesn't drain away properly, then eye pressure can build up and damage the optic nerve.

Why some eyes don't deal with the balance of fluid properly, is still not clear. Glaucoma is problematic, as it is not painful and there are no symptoms until it is really advanced.

It usually starts by affecting side vision (peripheral vision). The subject often doesn't notice this, as the brain can compensate for a large amount of this part of vision being affected.

Considerable damage can be done to side vision before the subject realises, so it is important to have regular eye checks that include checks for glaucoma.

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Needless blindness: How it can be avoided

CHRONIC glaucoma affects two per cent of the population over the age of 40, increasing to over 10 per cent for those aged 75 or more.

There are about 500,000 people in Wales and England with glaucoma, and about 70 million worldwide, making it one of the leading causes of blindness.

Unfortunately, there are no symptoms until extensive irreversible damage to the optic nerve has occurred resulting in unrecoverable vision loss, and it is estimated that up to 50 per cent of people with glaucoma are undiagnosed.

Frustratingly, needless blindness from glaucoma can be easily averted as it can often be treated with simple eye drops. The key to successful treatment is early diagnosis.

To increase your chance of being diagnosed early, you should have a sight test at least every two years – or more frequently if you have a first degree relative with glaucoma.

There are three basic tests used to screen for glaucoma, and for some patients it may be available on the NHS; for others, there will be a charge.

Even then, a basic sight test can often only detect glaucoma when substantial nerve damage has already occurred.

Fortunately, at Jones & Jones Optometrists, Dr Adrian Jones is one of only a handful of optometrists in the UK who holds a specialist qualification in the diagnosis and management of glaucoma.

After spending almost a decade in specialist clinics at the University Hospital of Wales in Cardiff and Bristol Eye Hospital, he has a wealth of knowledge and clinical expertise.

Dr Jones is able offer a gold standard glaucoma diagnostic service and comprehensive ongoing aftercare.

If you are concerned about the possibility of glaucoma, Jones & Jones Optometrists on High Street Street in Barry have dedicated glaucoma diagnostic and management clinics.

To book an appointment, please ring 01446 400015 visit our website on www.jonesandjones.org.uk.

NATIONAL GLAUCOMA AWARENESS WEEK

JUNE 10-16, 2013

Glaucoma group's next meeting

THE next meeting of the Princess of Wales Hospital Glaucoma support group takes place on Friday, June 14.

The venue is the photography waiting area in the Eye Unit, Bridgend Eye Clinic,Coity Road, Bridgend, at 1.30pm.

The meeting will include a talk by Eryl Williams of the IGA and an introduction by Nathan Foy.

Enquiries to Maureen Griffiths, eye clinic liaison officer, on 07884 310992.

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carers week

CARERS WEEK 10-16 June 2013

IMPROVING THE LIVES OF CARERS AND THE PEOPLE THEY CARE FOR

'BOBBIES ON CALL' ARE OFF TO A FLYING START!

CO-DIRECTORS and namesakes Bob Evans and Bob McAlister are delighted with the response to the initial wave of advertising and publicity in The GEM, for their newly-launched 'Bobbies on Call' (BOC) venture – which has been up and running in the Vale of Glamorgan and surrounding areas for just four weeks.

Bob Evans said: " We have yet to meet anyone who has told us that this offer of on- call support and practical help is anything other than a great idea. The formula of having former police and emergency service workers at your call, has really grabbed the imagination and it seems to fill a void in people's lives.

"We are not seeking to replace anything that is there already for people, in terms of support, but our callers show that there was a gap.

"The positive feedback has been very welcome, as it confirms that our instincts for the business were correct."

Co-founder Bob McAlister commented: "I can't tell you how touched I was when one lady – our very first customer – said on receiving her first catch up call *with the team: 'I really feel that knowing there is someone at the end of the phone for me, has made a difference to my life already.'*

"When you leave the force, you tend to miss certain parts of the job, but now being back in the role of helping people has replaced some of that job satisfaction. If our business can continue to do that for others, then that suits us all," he added.

Bob Evans from Penllyn, Cowbridge, began his career in 1980 at the age of 17, rising through the ranks of South Wales Police and retiring with the rank of Assistant Chief Constable.

'Bobbies On Call' is a subscription-based service available on a 24-hours a day, seven-days a week call line for household maintenance problems.

Staffed by teams of retired police officers and emergency services staff, it incorporates a range of practical support services, from minor crisis resolution, handyman support and house minding to crime prevention advice, chauffeuring and general companionship.

Bob McAlister, who also held a senior position at South Wales Police, said 'Bobbies On Call' suits those people who live alone and may not always have reliable help close to hand.

"We've set up the service as we want to put our knowledge and dependability to good use," he explains.

"With many years service apiece, there is very little that 'Bobbies On Call' personnel haven't encountered and dealt with calmly and efficiently."

Adds Bob Evans: "Our hand-picked staff understand that day-to-day concerns can prevent those who live alone from enjoying their home and sense of well-being.

"Cold-callers, rogue traders, worrying if your property is safe and secure – are all issues that can cause anxiety. Then there are the day-to-day niggles people wish were sorted out – from a light fitting that needs fixing – to help making sense of a utilities bill or contract."

Both Bobs believe that just knowing there is someone at the end of the phone who can call round and help out can make all the difference. They are confident elderly people will come to rely on a service which asks that they *'Call Bob'*.

Even in these early stages, it seems that the Vale is seeing the value of the services offered by their 'two Bobs'.

*For more information about all the services offered by the Bobs and their team, call the dedicated line on **01446 656789**, or visit **www.bobbiesoncall.com.***

"I wanted to have someone at the end of the phone I knew I could rely on."

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CARERS WEEK 10-16 June 2013

IMPROVING THE LIVES OF CARERS AND THE PEOPLE THEY CARE FOR

CARERS' WEEK QUESTION..

Can the UK cope with rising carer numbers?

ACROSS the UK, the number of people caring, unpaid, for a family member or friend who is ill, frail, and disabled, has now risen to 6.5 million.

Every day, at least 6,000 people start caring. Becoming a carer can impact significantly on a person's life – it takes time, energy, can leave you isolated, and can be costly.

***Prepared to Care?* – the 2013 Carers' Week campaign – will focus on how the UK's current carer population is coping, how effectively the Government is supporting the growing numbers of carers, and whether the wider population is prepared for future caring responsibilities.**

Through *Prepared to Care?* Carers' Week will highlight the impact of caring on daily life and, with an ageing population and higher incidence of disability and serious illness, encourage the public to think whether they could manage a caring role.

***Prepared to Care?* will also help those already caring to make sure they are accessing all the practical and emotional support they need to care safely and look after themselves.**

A new report to be published for Carers' Week will highlight to Government the changes required to improve the lives of carers and the people they care for.

From June 10-16, 2,000 organisations will be involved in 10,000 Carers' Week *Prepared to Care?* events.

Keep up to date with campaign developments at: www.carersweek.org, www.facebook.com/carersweek, Twitter @carersweek.

CARERS – KNOW YOUR RIGHTS

A CARER is someone who looks after a relative, friend or neighbour who is unable to manage at home without help.

This may be because they are elderly, disabled by physical or mental ill health, have a learning disability, drug or alcohol problem, or have a long term illness. The care they give is unpaid.

In the current economic climate, it is more important than ever that carers know their rights and access the help and support that is available to them.

Information and advice is available to assist with benefit claims, to get practical support, such as a break from caring, and to find out how technology can help them.

It is a fact that many carers do not recognise themselves as carers and do not know what help is available, even when they have been caring for years.

A carers assessment from your local council will identify if there is any support or services a carer needs to help them in their caring role.

Additional practical or emotional support may be available from local charities, organisations and support groups, which is why people need to find out what can be provided.

A directory of services for carers and other information for carers is available from local information sources in the Vale such as Citizens Advice Bureau, GP surgeries, libraries and other health and social care services.

More detailed information can be found on the following websites: *www.valeofglamorgan.gov.uk/carers* or *www.cardiffandvaleuhb.wales.nhs.uk/information-for-carers*

Do you provide support to a member of your family or friend who has an illness or disability?

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If so, there could be help available, for example:
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- An information pack
- Information Days
- Support Groups
- An opportunity to discuss your needs

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If you would like further information or to request your carers pack, please call:
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Local charity salutes volunteers

DURING National Volunteers' Week (June 1–7) Guide Dogs Cymru is thanking its 500 Welsh volunteers – puppy walkers and boarders, drivers and charity box collectors, who donate time to help blind and partially sighted people enjoy freedom of movement.

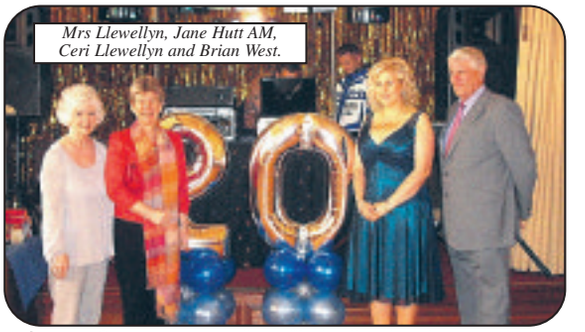
GEM readers may have spotted Hilary Williams of Porthcawl taking guide dogs for a run on Newton Beach.

As a volunteer boarder, she makes sure that when their owners go on holiday, the dog enjoys a break, too.

She said: "Being a boarder is rewarding and enjoyable. It gives me and my husband Alan all the advantages of having a dog without the demands of actual ownership.

If anyone would like to volunteer for Guide Dogs Cymru, contact 0845 372 7405 or email *Steve.Kersley@guidedogs.org.uk*

CELEBRATING TWO DECADES OF CARE



Mrs Llewellyn, Jane Hutt AM, Ceri Llewellyn and Brian West.

ALL Care (S Wales) Ltd is celebrating 20 years of providing care in the community.

The company was founded by Mr Jeremy Llewellyn in 1993 and was originally run from a small office at the nursing home he also owned.

All Care provides domiciliary care in the community to the Vale of Glamorgan, and has also expanded to cover Cardiff, providing care – from 15-minute calls to 24-hour packages.

Over the past 20 years, All Care has held ISO accreditation and Investors In People awards.

The staff have scooped care awards for the last five years.

To celebrate this milestone, a party was arranged for the staff, service users and dignitaries.

The celebrations included long service awards for staff who have been with the company for 10 years or more, a buffet and entry into a free raffle for all who attended.

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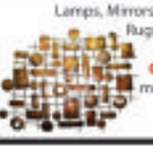

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GEM ADVERTISEMENT FEATURE

In Business Update

Decision time for retiring Baby-Boomers

MANY people reaching retirement age are desperately in need of professional, independent financial advice.

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Poor health history, eg raised blood pressure, or certain lifestyle choices, such as being a smoker, mean that you are likely to qualify for a higher lifelong income.

A simple and short meeting with an independent financial advisor will quickly establish your options and see how possible it is to get close to your desired financial future.

Most IFAs will conduct this initial meeting at their cost, as they need to establish whether they are able to help or not.

If they do help, you can elect to pay their fee directly, or choose to use your pension to cover the cost of this invaluable service.

For more information, call or email CBK Wales. (See below).

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Changes to legal aid for children and families

COLIN JONES Solicitors' specialist children law team are dedicated to providing legal services to children and families in Barry and surrounding areas of the Vale.

We provide advice and assistance in matters concerning residence and contact disputes, social services involvement, child protection issues and other children's matters.

Since April 1, 2013, legal aid has been cut to a wide range of areas, including divorce and child contact and residence disputes.

For those unable to obtain legal aid, Colin Jones Solicitors can offer a tailored service to assist in family disputes involving children.

We offer a first half hour free, no obligation, consultation.

In addition, there are some exceptions when legal aid is still available where there are, or have been, domestic violence or child protection issues involving social services.

If you are a parent, grandparent or relative, and require advice and assistance regarding any of these matters, please contact our team at our offices in Barry, telephone 01446 420043.

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Stamping out Vale 'litter bugs'

LITTER comes in many forms, from dog fouling, to chewing gum, fast food wrappers, drinks cans/bottles, flyers – the list goes on.

It is an offence to litter and there are council enforcement compliance officers patrolling the Vale, who are watching for potential offenders.

However, the team cannot be everywhere all the time. The council's waste management and cleansing team members, like Phil Grant and Mike Perret, are keen to stamp out littering.

The Vale Council's cabinet member for the environment and visible services, Coun Rob Curtis, said: "In public places, we have to provide a team who litter pick – often seven days a week.

"Clearly, we would rather be spending money on different areas of our service provision.

"Littering is a crime. While most residents and visitors are respectful, some flaunt the law – which is clearly unacceptable on many levels."

GEM ADVERTISEMENT FEATURE

In Business Update

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Peter Hills,
Vale Cycle Servicing

New biofuels causing havoc for farmers and Aga users

NEW biofuels used in gas oil (red diesel) are causing havoc for farmers across Wales – according to independent oil distribution company Oil 4 Wales.

Understandably, everyone's first reaction is to blame quality of fuel delivered by their oil distributor.

However, because of the new EU requirement for lower sulphur levels in a bid to reduce engine emissions, the UK's gas oil specification was changed in 2011, causing major problems for those in the agricultural sector.

Sulphur was removed from fuel, removing the fuel's natural lubricating properties, and biofuels were added to a maximum of 7 per cent.

The main problem affecting farmers due to the increased proportion of biofuels in gas oil, is water pick-up.

Biofuels are hydroscopic and attract water, which builds up in tanks – causing engine damage, increased tank deposits, bug contamination, rough running, haze (water in suspension), layering and filter blocking problems.

To combat these problems, farmers are encouraged to include an additive such as Exocet Gas Oil Extra to their fuel as a matter of course.

It is not just farmers who are experiencing difficulties. Homeowners with oil-fired Agas and Rayburns that use kerosene are also exposed to the problem.

In the UK, there are fewer refineries producing kerosene than in recent years, causing a supply issue.

The high percentage of kerosene now being imported is of much more variable fuel quality.

This variable quality is not the fault of the UK fuel distributors, as they can only sell what they can load from the UK distribution points.

While the oil being distributed still meets the relevant British Standard (BS2869 Class G), it is much higher than Aga's recommended char value of 4-7, which is why many are said to be caking up with soot, and in some cases conking out.

Owners of these oil-fired cookers are again encouraged to put a fuel additive, such as Exocet, into their oil to reduce the char value. A bottle of Exocet, which costs £20, treats 1,000 litres of kerosene.

As part of its commitment to the farming community of Wales, Oil 4 Wales has introduced a special offer for the silage season.

For every order of gas oil above 1,000 litres, farmers can request that Exocet Gas Oil Extra (worth £23 per litre) is added to their oil, which will be done free of charge.

The offer is valid between June and the end of August. Exocet Gas Oil Extra must be requested at the time of order, so the correct dosage can be added to the fuel.

Oil 4 Wales is a family-run independent oil distribution company working with the community for the community.

For more information, visit: www.oil4wales.co.uk or call your local depot: Cardiff – 02920 674 910; Carmarthen – 01267 275 777; Milford Haven 01646 400 405; Felinfach 01570 218015.

Oil4Wales
Olew dros Gymru

FARMERS!
Gas oil additive promotion from Oil 4 Wales for the silage season

Farmers who order 1,000 litres or over of gas oil (red diesel) between June & August can have Exocet Gas Oil Extra added free of charge.

Gas oil additive must be requested at the time of order so the correct quantity of fuel additive can be added.

To take advantage of this offer, visit
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or call your local depot . . .
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Working with the community, for the community

Family mediation at your service

WE are pleased to announce that Passmores solicitors are now able to offer family mediation, both on a privately-paying and legally-aided basis.

We are able to assist with mediation in all aspects of family disputes, including children's issues and financial settlements, in an attempt to resolve such issues amicably.

Passmores are able to offer mediation on a legally-aided basis and we would be happy to assess your eligibility.

For more information, please telephone 01446 721000, or email us on mail@passmores.com.

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Find out more on the Ashdown website. Contact 01446 773949; mobile 07714 241749; email rich@ashdown-group.co.uk; website www.ashdownfencing.co.uk; address, Unit 10B, Vale Business Park, Llandow, CF71 7PF, also find us on Facebook and Twitter.

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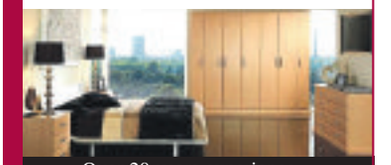
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GEM ADVERTISEMENT FEATURE

In Business Update

Cardiff Cleaning and Maintenance have the Solutions

A BLOCKED downpipe, if left unattended it may cause rotting fascia, and lead to damp problems.

Having the gutters cleared may be pointless without a clear downpipe.

We don't just clean the gutters. We can give the whole exterior a facelift, eg fascia, conservatory roof cleaning, windows and frames cleaned, painting, trees and bushes cut back, pressure wash and sealant to paths and patios – especially convenient if you are thinking of selling, as first impressions count.

Contact Andy on 07830 480569 (preferable), or 01446 741460.

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Financial advice face-to-face

WE are a firm of professionally qualified, independent financial advisers based in Cowbridge within the Vale of Glamorgan and Swansea.

We aim to provide you with the best advice, the best service, and the best information on pensions, investments, mortgages and protection.

We offer face-to-face advice and we feel that the best advice comes from taking care and time with our clients.

This is why we will cover the costs of any initial meeting in our offices.

We use the latest technology in back office systems. Our system 'True Potential' won a first place award at the 2011 Money Marketing Financial Services for best use of technology.

Our system can allow clients to have a secure access to their portfolio at any time, whether you wish to gather your latest valuation for your investments, or send a secure message to your adviser.

For honest independent financial advice from a firm with great integrity, contact us on 01446 771949/01446 773669 – or request a call back to book an appointment, or to discuss your current situation in more depth.

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WE are a local family-run business based in south Wales, who pride ourselves on high quality products – without the designer price tag.

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We endeavour to make you feel special on your big day and we will meet face-to-face when possible, to ensure that everything is just perfect.

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www.dreambouquets.co.uk

The benefits of meditation

HAVE you ever wondered why meditation has been shown to improve all aspects of health?

This is to do with the difference between the two sides of our brain:

The left brain keeps us safe by working out what has happened before and what might happen in the future. We engage our left brain when we worry.

The right brain deals with the now and carries the blueprint for health.

When we meditate, we switch off our left brain and allow our right brain to keep us healthy.

It has been shown to normalise blood pressure, reduce stress, improve digestion and promote restful sleep.

Health Conscious is now offering Meditation for Health sessions on Wednesday evenings at 6.30pm.

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Hypnotherapy can help boost your self-belief

ISN'T it interesting that we are all born having confidence? Often the effect of life experiences can dent our self-belief.

If left unchecked, this may cause us to have difficulties ranging from exams, job interviews and public speaking to being unable to stand up for yourself; relationship problems, or feeling incapable of going after the things you want in life.

Confidence can be an underlying factor for weight problems or phobias.

Unfortunately, when we don't have appropriate confidence in our abilities it can lead to low self-esteem and a negative view of the future, as well as feelings of anxiety.

Fortunately, solution-focused hypnotherapy can help to reduce and eliminate anxiety and work with your subconscious mind – to reawaken your natural confidence, optimism and motivation to succeed; and to help you go after those things in life which are important to you.

For a chat, or to arrange a Free Initial Consultation, contact Sue Pitman on 07795 964066 cardiffhypnotherapysolutions@gmail.com.

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The Business Centre, Barry
www.cardiffhypnotherapysolutions.com

Beth is back at Satchells!

SATCHELLS Hair Salon of Ewenny are excited to let all their customers know that Beth Crofts has agreed to become the new manager of the salon.

Beth (senior stylist) had previously worked with Satchells, but decided to take a year out and worked in Australia.

Thankfully, she has now decided to come back home and accepted a new and exciting job role as the manager of Satchells.

James Satchell, co-owner of Satchells, will still be working his magic in the salon; however, he will enjoy doing a little more teaching!

To book an appointment, please contact the team on 01656 655005.

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HAIR SALON of EWENNY
Re-introducing
BETH CROFTS
as our new
Salon Manager

01656 655005
Wick Road, Ewenny, CF35 5BL

The rise and rise of Goose Island

PROPRIETOR Karen Hutchings first experienced the fashion potential of Balinese products on a visit in 1993, and she knew she had to share these riches with everyone at home in the UK. Goose Island was born in 1994.

Bali has since been the main inspiration for Goose Island, and both Karen and her husband Peter travel to Bali, and also India, on a regular basis to source products – ensuring that all production complies with Fair Trade regulations.

All of their clothing, jewellery and accessories are handmade under fair and ethical conditions.

Karen and Peter have built their vibrant, popular Cowbridge business by taking great pride in the quality and beauty of their products, resulting in the Goose Island label now being sold throughout the UK and Europe.

Their helpful, professional staff complete this winning team.

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Church organ appeal target

FUNDRAISERS aiming to raise £70,000 to restore the organ at All Saints' Church, Park Road, Barry are just under £2,400 short of the target.

On Saturday, June 8, there will be a chance to edge nearer the £70,000 total when 'AMICIA' presents a Choral Spectacular in the church at 7.30pm.

Admission £8 adults and £4 children (pay on the door). All proceeds to the organ appeal.

NEWS IN BRIEF

Everyone welcome.

PTA fayre

GLADSTONE Primary School PTA, Barry, holds a summer fayre on Saturday, June 8, from 12pm – 3.30pm; craft stalls, games, tombola, refreshments, stocks.

Anti-poverty awareness

THE Vale Council's Children and Young People's Partnership is hosting an event to raise awareness of generational poverty on Thursday, July 11 from 9am to 1pm at Hebron Hall, Dinas Powys.

The event is aimed towards children and young people, anyone who works with children or young people and decision-makers, senior managers and front-line staff from all sectors.

For more information, contact 01446 731628, or email lpellis@valeofglamorgan.gov.uk or slloyd@valeofglamorgan.gov.uk.

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The Welsh Summer Country Fair and Food Festival

at Fonmon Castle, Vale of Glamorgan CF62 3ZN

15th & 16th June, 2013

Great Food - Great Shopping - Garden Walks - Cream Teas
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This Summer Fair and Food Festival is one of Wales' great days out

SET in the glorious and exclusive surroundings of Fonmon Castle, on Saturday and Sunday June 15 – 16 the Welsh Summer Country Fair and Food Festival will be celebrating summer in style.

Organised by Country Fairs Wales Ltd, an event management company based in Llantwit Major, this is a unique event where a bunting-clad marquee village nestles right next door to one of the prettiest medieval castles in Wales – Fonmon Castle.

Our chosen venue is the perfect setting to taste the very best in award-winning artisan food, real ales, cider and fine wines, as well as the chance to browse amongst a beautiful selection of hand crafted unique jewellery, accessories and fashion plus charming outdoor vintage furniture and garden accessories.

With more than 120 exhibitors to choose from, discover all things charming, stylish and chic to add inspirational style to your home, kitchen and garden.

Enjoy a leisurely stroll around the castle gardens or simply sit and enjoy a picnic.

Have a whirl on the vintage funfair, a shot at a clay pigeon or bring your dog to enjoy the country pursuit of dog scurrying.

For chef demos and free wine tastings visit our pop-up demonstration marquee.

With our champagne marquee hosting live music, featuring local celebrity Aubrey Parsons, the soul band, Dansette and the wonderful Livestock Davies and the Lowdown Snakes, you can leave feeling that you have experienced one of the best summer days out in Wales this year.

The Welsh Country Fair will be open to the public from 10am to 6pm on both Saturday, June 15, and Sunday, June 16. Admission is £7 for adults. Children under five enter free of charge and children aged between five and 16 admission is £1.

For more information contact the organisers:
Country Fairs Wales Ltd.
01446 796065
www.welshcountryfairs.co.uk

Warm welcome from Fonmon

FONMON CASTLE is looking forward to another busy and successful summer 'earning its keep'.

The castle is used for a wide variety of events, both outside in the extensive gardens and 80 acres of grounds, or inside with its wealth of history and stunning Georgian interiors.

The family provides a warm, friendly atmosphere and so Fonmon lends itself perfectly to any occasion, including wedding ceremonies and receptions, private party bookings and group tours and teas.

This year again they are delighted to welcome the Vale Show in August, and after a very successful first year, the Welsh Summer Country Fair and Food Festival returns on June 15-16.

FONMON CASTLE

Receive a warm welcome at

FONMON CASTLE

this Summer

PUBLIC OPENING TIMES:
The Castle is open on Tuesday and Wednesday afternoons from 2pm-5pm (last tour 4pm) until 30th September. The Guided Tour is £5.50 and access to the gardens is free.

SPECIAL EVENTS
The Welsh Summer Country Fair & Food Festival – June 15th & 16th - individual designers, small businesses, unique crafts and gourmet teas served in the Castle
www.welshcountryfairs.co.uk/

The Vale Show – August 21st - the largest one day event in the Vale of Glamorgan with something for all the family
www.valeofglamorganshow.co.uk

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SCHOOL NEWS FROM YSGOL GYFUN BRO MORGANNWG

Year 7 Spelling Bee winners.

***LEFT:** Nia Fenn, of year-9 won first prize in an anti bullying schools competition*

Swedish visit

IN April, Ulla Engberg a journalist from Sweden, visited the school.

She is preparing a radio programme on minority languages and came to ask our pupils about the success of Welsh education and how the language is thriving.

Spelling Bee

THE four winners of the year 7 French Spelling Bee competition from Ysgol Gyfun Bro Morgannwg went to Ysgol Bryn Gwyn in Llanelli on April 23, to compete in the south Wales regional final.

Joseff Nicholas, Jack Tweddle, Grace Bradbury and Iestyn Fenn all did superbly on the day. Joseff came 1st and Jack came 2nd in the competition and both will now go on to compete in the Welsh Final in Aberystwyth to be held later this term.

We wish them both the very best of luck for the final!

First prize

CONGRATULATIONS to Nia Fenn, year-9, on winning first prize in the Show Racism the Red Card anti-bullying schools competition.

Over 150,000 under-16 pupils took part in the competition in several different categories.

Nia won the Welsh language category by designing an anti-racism poster.

'TeenStar' finalist

CONGRATULATIONS – to Hana Evans, year 8, on winning the semi-final round of the national competition 'TeenStar' on May 14 in Reading. Hana will now compete in the final being held at the O2 Arena in London on July 7. Good luck, Hana!!

Seventh in Britain

CONGRATULATIONS to the Ysgol Gyfun Bro Morgannwg Tumble and Vault team which competed at the British School's Gymnastics Championship on May 12 in Stoke.

Megan Davies, Rhys Beynon, Danielle Kerslake, Emyr Byrne and Ffion Byrne were representing the school and Wales.

They competed against the 12 other regions from around the United Kingdom.

The team finished 7th overall – a very impressive result. To think that they are now 7th in Britain!

The Tumble and Vault team.

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Dull, mundane and lacking in laughs...

This is one Hangover you won't want to suffer through!

by GARETH JAMIESON
Follow Screen Talk on Twitter – @GEMScreenTalk

THE third part of a trilogy or franchise is never easy to get right, as the likes of Sam Raimi, Chris Nolan (amongst others) can all attest.

It's even more difficult in the world of comedy – just see *American Wedding*, the third *American Pie* film, or even *Police Academy: Back In Training* for a crash course in comedies going wrong.

For *The Hangover Part 3*, the gang return on the back of huge box office (perhaps a driving factor in the film's greenlighting) and sees the 'Wolfpack' of Alan (Zach Galifianakis), Stu (Ed Helms) and Phil (Bradley Cooper) forced into a mission to find Chow (Ken Jeong) after he steals $21million from Marshall (John Goodman), a mission that will be nowhere near straightforward...

Despite part two of this franchise being a carbon copy of the first, I personally found it very funny, undemanding fun that played up the good nature of the first film, while adding drama and scale.

It is sad to report, then, that *The Hangover Part 3* is one of the least amusing films I've seen in recent memory, an exercise in milking a cash cow before it goes dry and film fans flock to something else.

The legacy of the first film is one still being felt, as studios are even now jumping on the coattails, making comedies that push excess to the limits, but this outing is a huge disappointment, eschewing the puzzle piece narrative that made the first two films enjoyable for a straightforward story that moves along at a predictable rate of knots.

The sense of not knowing just where you were going to end up next was the franchise's key calling card, but by framing the story in such a simplistic and linear fashion, it means that any sense of shock and surprise is lacking; it also pushes more weight onto the comedy which is, itself, very poor.

Written by director Todd Phillips and Craig Mazin, they not only fail to create any memorable comedy moments, nor anything to really make you laugh out loud; instead the plot moves in slightly darker circles that make laughs an awkward proposition (particularly an incident with a cockerel and a pillow).

They also reduce the characters to almost nothing, Stu and Phil having no defining characteristics at all, and put too much weight on characters like Alan and Chow that while very funny in fits and starts, just can't hold the film on their shoulders.

Chow is a divisive character anyway, pleasing in small doses – but here, put centre stage, his comedic potential diminishes the more we see of him – and the same applies to Alan, whose man-child schtick is again amusing but loses power as the film goes on.

The cast try, with Zach Galifianakis again shining the brightest, but in a role that feels excessively familiar now, but both Bradley Cooper and Ed Helms look decidedly bored with the whole thing, Jeong is a grating presence, and only Melissa McCarthy brings some life to proceedings as a pawn shop clerk taken by Alan.

It's a shame that such an exciting and funny film series has ended on such a downer, but it's hardly surprising given how the longer these things run the lower the quality tends to get; as it is, *The Hangover Part 3* is something that not even the strongest painkiller could make better.

VERDICT: Painfully unfunny, predictable and mundane, *The Hangover Part 3* is a disappointing conclusion to the franchise. With the cast either too much or not given enough, and a script that dispenses with clever twists for more straightforward storytelling, this is one Hangover not worth suffering through! Poor.

SEE THIS IF YOU LIKED: *The Hangover* (2009), *Project X* (2012).

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SHAKE! two charity walkers complete Welshcoast marathon

Long distance walkers, Charlie and Al, are pictured at Wye Bridge.

LAST Friday, saw the end of a marathon 870-mile charity walk covering the whole of the Wales Coastal Path.

Two hardened walkers, Charlie Blackwell (64) and Sandy Monkman from Derby, set out on April 25 in north east Wales, aiming to raise funds for St Luke's Hospice in Sheffield, and completed the final stage at Wye Bridge, Chepstow.

During the walk, they stayed in many towns and villages along the route, including Llantwit Major and Penarth.

In Penarth they met up with former town mayor, Coun Anthony Ernest.

"Charlie and Al achieved a marvellous result in covering the entire path end to end. I know that they have been able to attract a large sum for their chosen charity. Probably they are amongst the very first to actually walk the entire route, and possibly act as pathfinders for future similar charitable walks," he commented.

IN BRIEF

LLANDOUGH Community Council fete will be held this Saturday (June 8) on the King George playing fields.

There will be a raffle, bottle stall, games, plants, a bar, a cake stall, classic bikes and much more.

Community AGM

THE annual general meeting of the St Nicholas (Barry) Community Association will be held at 53 St Nicholas Road, Barry on Friday, June 14 at 6.30pm. All interested persons welcome.

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Out and About with The GEM

Food Bank donation box

THE Vale Council is helping the Vale Food Bank to collect items for people in food poverty by placing a donation box in the reception area of the civic offices in Barry.

Council Leader Coun Neil Moore said: "I hope that this will be successful, albeit regrettably that we have to have such a scheme in this day and age. This is yet another sign of the recession and the impact of the Westminster Government's welfare reforms."

Donations are accepted at the Civic offices during normal opening hours. They must be within the 'best before' date, including tins, dried packet food, other non-perishable foods and long-life milk.

The Vale Food Bank also has a donation facility at the Coastlands Family Church, Tennyson Road, Colcot, Barry, open on Mondays 2pm–3pm and Thursdays 4.30pm–6pm.

It is also at Bethesda Chapel in Dinas Powys, which is open on Wednesdays 1.30pm–2.30pm.

For more information, contact the Vale Foodbank on 07879 562077, email valefoodbank@ymail.com or visit http://vale.foodbank.org.uk/.

Lib-Dem surgery

ELUNED PARROTT, regional Lib-Dem AM for South Wales Central, will be holding two advice surgeries on Friday (June 7).

She will be in the cafe area of Asda Pentwyn Superstore,Pontprennau, between 10am and 11am; and at Morrisons Supermarket, Penny Way, Barry, CF63 4BA between 1pm and 2pm.

Residents can raise any issues of concern. No appointment is necessary.

Dinas art group show

DINAS Powys Art Group will hold its annual exhibition at the Lee Hall, Dinas Powys, on June 8 and 9, from 10am to 4pm.

There will be original artwork by the members of the group, much of which will be for sale. Entry is 50p, which includes a cup of tea/coffee or juice.

The event is supporting the Kidney Wales Foundation, with a percentage of the sales, refreshments and raffle going to the charity.

Fibromyalgia Support

THE next meeting of the Vale of Glamorgan Fibromyalgia Support Group is on Tuesday, June 11, (11am–1pm). Call 01446-733315 for details.

Public debate on end-of-life care in NHS

A PUBLIC debate will take place at Barry Memorial Hall on June 13 at 7pm on end of life care, assisted dying and the NHS.

The Vale 50+ Strategy Forum is providing an opportunity to inform and debate the ethical, legal and medical issues. Key speakers will make opening presentations ,followed by questions and debate.

Speakers include Professor P Badham, professor emeritus of theology and religion, University of Wales and patron of Dignity In Dying; Professor P Fennell, professor of medical law and human rights, Cardiff University; Baroness Ilora Finlay of Llandaff, pprofessor of palliative medicine, Cardiff University School of Medicine and consultant at Velindre Cancer Centre; and Dr R Hain, consultant in pediatric palliative care, Cardiff & Vale UHB, visiting professor at Glamorgan University.

The debate will be chaired by Wendy Bourton OBE, chair of the national partnership forum older people's ministerial advisory group to the Welsh Government. Admission is free.

For further information email: janewel don60@mypostoffice.co.uk.

Awareness event

'DURING 2012 an esitmated 39,000 older people suffered from abuse in their own homes in Wales.' (Figures taken from Age Cymru June 2012.

On June 14 from 9.30am to 1.30pm, the Vale 50+ Strategy Forum will be holding the above free event in Barry Central Library.

Information stands will include Atal y Fro (breaking the cycle of domestic abuse) housing benefit advice, Citizens Advice Bureau, Supportiing People team, Care & Repair, advocacy advice from Age Concern Cardiff & Vale, and much more!

Free training

TENOVUS is the first charity in Wales to offer free NVQ accredited training in retail knowledge, in partnership with Cardiff and the Vale college, and is looking to recruit volunteers wanting to pursue a career in retail.

Participants will need to attend classes at Cardiff and the Vale College, located in The Parade on City Road, Cardiff.

For full details contact the volunteer development team on 029 2076 8850 or email *volunteer@tenovus.org.uk*

Vale 50+ Strategy Forum AGM

THE Annual General Meeeting of the Vale 50+ Strategy Forum is being held on Thursday, June 27, 9.30am for a 10am start.

The venue is the Corporate Suite, Civic Offices, Holton Road, Barry. The keynote speaker will be Mr Dave Francis, Assistant Police and Crime Commissioner.

To book a place telephone Laura Ellis 01446 731628; email *lpellis@valeofglamorgan.gov.uk*.

Volunteer and help to save a life

A VOLUNTEER Week call for helpers has been made by the Welsh Hearts fundraising group in Wales.

Roles available include admin/finance, IT support, event helper, become a trustee or join a fundraising group in your area.

Sharon Owen director of Welsh Hearts, said: "Volunteering can help people stay healthy and active – walking around, as at a Welsh Heart event as well as other volunteering opportunities, can do wonders for a sense of wellbeing.

"People who take up voluntary work often feel a greater sense of purpose, and it gives them the opportunity to use some of the skills they already have, or even learn a new skill."

Welsh Hearts mission is centred on the prevention and management of heart disease, and to fund cardiovascular medical research based in Wales.

Contact Sharon on 01633 681788 or email *fundraising@welshhearts.org*

Waverley is back

THE paddle steamer *Waverley* returns to the Vale this week to take residents from Penarth on a great day out!

Sailings began on Wednesday (June 5) with a trip to Minehead and a cruise of Porlock Bay. With sailings to Weston-super-Mare, Ilfracombe in glorious Devon, and the National Trust Island of Lundy, there is a destination or a cruise to suit every taste and pocket.

Andy O'Brian, *Waverley*'s captain, said: "We are looking forward to welcoming our regular passengers on board and hope to see some new faces this year.

"We are delighted to be able to continue offering sailings in the Bristol Channel aboard a historic passenger ship."

Call 0845 130 4647 or find out more online at *www.waverleyexcursions.co.uk*

Headway social group

ON June 6, Chapter Arts Centre in Canton will host Headway Cardiff's new weekly social group for survivors of acquired brain injury, which is open to survivors across the area who do not access the Headway day centre.

For further information, see the website *www.headwaycardiff.org* or phone Nia Morgan on 029 2057 7707.

ValePLUS open day

THE ValePLUS charity, which provides lifelong learning and leisure opportunities for people with a learning disability, is holding an open day on Friday, June 14, at the centre in High Street, Barry, from 10.30am to 12.30pm.

Between 1pm and 2pm there will be taster sessions and a number of stalls. Admission is free and all are welcome.

Vale Council cabinet in Peterston

THE Vale Council will be holding a 'community cabinet' meeting in Peterston-super-Ely on Monday, June 17, in the community hall.

It will be followed by a question and answer session, which will allow residents to question the cabinet face-to-face.

Ty Hafan lottery draw winners

THE following are winning numbers in the Ty Hafan Crackerjackpot lottery draw number 777.

- **£2,000: 642550**.
- **The rollover, which now stands at £1,000 was not won this week.**
- **£10:** 453562, 188747, 738367, 945434, 409216, 995928, 187166, 233402, 545651, 505470, 118289, 893354, 421873, 819861, 591872, 464414, 895255, 525554, 867403, 624020.
- **£5:** 862901, 952691, 243848, 591525, 821272, 759288, 434179, 109722, 747034, 454698, 539882, 362262, 510002, 547469, 855581, 418614, 376919, 388500, 136847, 799566, 256297, 940670, 652693, 211345, 198849, 443780, 816352, 370556, 581516, 308310, 414860, 390043, 716074, 862145, 2742175, 735674, 190134, 568245, 630748, 217764, 594544, 614274, 709187, 718086, 149766, 666681, 347688, 625708, 267047, 769011, 615786, 220650, 274020, 706735, 569908, 402419, 500930, 884935, 256104, 575454.

The GEM cannot be held responsible for any errors or omissions contained in the above.

For lottery information please telephone 02920 532300.

Barry Zumbathon for heart charity

A ZUMBATHON will take place at Barry Island to raise funds for the British Heart Foundation (BHF) Cymru's 'Mending Broken Hearts' appeal on Saturday, June 8, at 11am.

Registration and warm ups begin at 10am outside the Dolphin Bar. IThe event is part of the Vale of Glamorgan Heart Borough activities.

Heart Towns is a new initiative that brings communities together through local fundraising and volunteering, as well as raising awareness of heart disease, and offering residents a raft of support services, including initiatives for schools, workplace health and lifestyle information resources.

Catherine Campbell, BHF Cymru's local fundraising and volunteering manager, said: "We hope as many people as possible will come and support us. This is a fun event for the family, as well as a good fitness work out."

Entry fee is £3 (free entry for children). Sponsorship forms are available. Contact Catherine Campbell on 07825 674466 or campbellc@bhf.org.uk.

Flowers in June

ON Tuesday June 11, members of the Barry Floral Society will be entertained by Mrs Sharon Dower of Swansea with a demonstration entitled 'Glorious Gower'.

On June 25, 'Teatime' is the theme of the club's summer event, with an exhibition by members, a demonstration by Alison Bentley of Wenvoe, and afternoon tea.

Both meetings are at the St Nicholas Hall, St Nicholas Road, Barry, at 2.15pm. New members are welcome.

Familiar faces at your local . . .

Neil Wisenden and Dan Thomas welcome you to the Lamb & Flag, Wick.

With 20 plus years of experience within the trade, they look to putting the Lamb & Flag back on the map, serving top quality ales and top quality pub grub.

Their new menu is up and running alongside excellent lunchtime offers.

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Join the regulars for a Monday 'Happy Hour' special and free pool night. Regular entertainment will also feature anything from bands, solo artists, to the old pub favourite karaoke.

They look forward to seeing you soon . . .

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The South Wales Programme

GIG CYMRU NHS WALES | Bwrdd Iechyd Prifysgol Caerdydd a'r Fro | Cardiff and Vale University Health Board

A consultation about the future of consultant-led maternity and neonatal care, inpatient children's and emergency medicine (A&E) services for South Wales and South Powys.

Specialist and Critical Care Centre, Gwent

Prince Charles Hospital, Merthyr Tydfil

Royal Glamorgan Hospital, Llantrisant

Morriston Hospital, Swansea

Princess of Wales Hospital, Bridgend

HAVE YOUR SAY

University Hospital of Wales, Cardiff

Cardiff & Vale University Health Board Area Meetings:

June 12	7.00pm-9.00pm	Llantonian Hall, Llantwit Major, CF61 1TF
June 18	7.00pm-9.00pm	Church Hall, St Brides Major, CF32 0SD
June 19	7.00pm-9.00pm	Pendoylan Church in Wales School, Cowbridge, CF71 7UJ
June 24	7.00pm-9.00pm	Cowbridge Town Hall, CF71 7AD
June 25	7.00pm-9.00pm	Llanedeyrn Day Centre, Llanedeyrn, CF23 9PL
June 27	7.00pm-9.00pm	Rhoose Community Centre, Rhoose, CF62 3EZ
July 1	7.00pm-9.00pm	Cardiff Council Offices, County Hall, CF10 4UW
July 2	7.00pm-9.00pm	Parish Hall, Dinas Powys, CF64 4AL
July 4	7.00pm-9.00pm	Pentyrch Rugby Club, CF15 9QJ
July 8	7.00pm-9.00pm	Vale of Glamorgan Council Civic Offices, Barry, CF63 4RU

For information on further Consultation Meetings please go to www.wales.nhs.uk/SWP

Rhaglen De Cymru

GIG CYMRU NHS WALES | Bwrdd Iechyd Prifysgol Caerdydd a'r Fro | Cardiff and Vale University Health Board

Ymgynghoriad ynghylch dyfodol gofal newydd-anedig a mamolaeth dan arweiniad meddygon ymgynghorol; gwasanaethau cleifion mewnol plant; a meddygaeth frys (damweiniau ac achosion brys) i dde Cymru a de Powys.

Canolfan Gofal Critigol Arbenigol Gwent

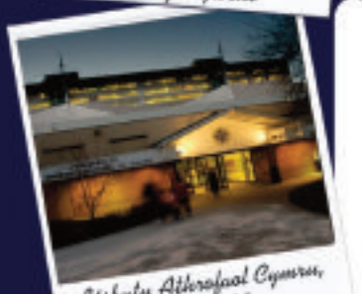
Ysbyty'r Tywysog Siarl, Merthyr Tudful

Ysbyty Brenhinol Morgannwg, Llantrisant

Ysbyty Treforys, Abertawe

Ysbyty Tywysogaeth Cymru, Pen-y-bont ar Ogwr

DWEUD EICH DWEUD


Ysbyty Athrofaol Cymru, Caerdydd

Cyfarfodydd yn ardal Bwrdd Iechyd Prifysgol Caerdydd a'r Fro:

12 Mehefin	7.00pm-9.00pm	Neuadd Llantonian, Llanilltud Fawr, CF61 1TF
18 Mehefin	7.00pm-9.00pm	Neuadd yr Eglwys, Saint-y-brid, CF32 0SD
19 Mehefin	7.00pm-9.00pm	Ysgol yr Eglwys yng Nghymru Pendeulwyn, Y Bont-faen, CF71 7UJ
24 Mehefin	7.00pm-9.00pm	Neuadd y Dref Y Bont-faen, CF71 7AD
25 Mehefin	7.00pm-9.00pm	Canolfan Ddydd Llanedeyrn, Llanedeyrn, CF23 9PL
27 Mehefin	7.00pm-9.00pm	Canolfan Gymunedol y Rhws, Y Rhws, CF62 3EZ
1 Gorffennaf	7.00pm-9.00pm	Swyddfeydd Cyngor Caerdydd, Neuadd y Sir, CF10 4UW
2 Gorffennaf	7.00pm-9.00pm	Neuadd y Plwyf, Dinas Powys, CF64 4AL
4 Gorffennaf	7.00pm-9.00pm	Clwb Rygbi Pentyrch, CF15 9QJ
8 Gorffennaf	7.00pm-9.00pm	Swyddfeydd Cyngor Dinesig Bro Morgannwg, Y Barri, CF63 4RU

Am ragor o wybodaeth am gyfarfodydd yr ymgynghoriad, ewch i www.wales.nhs.uk/SWP/hafan

Dog lovers descend on Fonmon Castle for a fun charity day out – to celebrate man's best friend

PHOTOGRAPHS
by **ANDY WICKS**
Tel: 07855 374478

WHEN the group Cardiff Canine Citizens organised the South Wales Dog Charity Fun Day last year at Fonmon Castle, things went so well that they came back again this year, on bank holiday Monday, May 27.

Many local charities made an appearance, including the Dogs Trust and Guide Dogs for the Blind (*pictured right*).

Dog lovers from far and wide came along to browse the many stalls, and to show off their family pets on a fine day out!

VOLUNTEERS CAN SUPPORT CARERS

CARERS WEEK (June 10–16) follows on from National Volunteers Week, and the Vale Volunteer Bureau (VVB) has been busy celebrating the contributions that volunteers make in the Vale.

Carers often give up their time voluntarily and their contribution to individuals and communities should be acknowledged.

Many of the voluntary organisations which the VVB helps, recruit volunteers to provide additional care for individuals and carers themselves.

Natalie Sargent, deputy director of the VVB, said: "We recruit for many of the partners in Carers Week, including: Age Concern; Marie Curie Cancer Care; Multiple Sclerosis Society; Macmillan Cancer Support and the Stroke Association.

"All have volunteering roles in the Vale to help support someone in need.

"These roles vary – from driving, to café assistant or befriender, to activity volunteer.

"We would actively encourage anyone interested in a career in the care sector, or who has an hour or two to spare, to consider volunteering."

The VVB has a drop-in centre at 34, Holton Road, in Barry, open Monday to Friday, 10am–4pm.

Also, its new office next to the Post Office on Boverton Road in Llantwit Major is open every Monday, Tuesday, Thursday, Friday, and last Saturday of each month, from 10am–2pm.

Further information can be found on www.vvb.org.uk

Follow us on Facebook and Twitter, or contact us on (01446) 421782.

The Vale Volunteer Bureau have opened new premises in Llantwit Major

We will be providing a one stop shop for volunteers and volunter recruiting organisations.

If you are interested in seeing the wide range of opportunities available, pop in to see us, no appointment necessary.

You can find us next to the Post Office on Boverton Road, we are open Monday, Tuesday, Thursday, Friday and the last Saturday of the month 10am - 2pm.

www.vvb.org.uk
Follow us on Facebook & Twitter
(01446) 421782

Sully author claims People's Book Prize

RIGHT: Eileen Younghusband, whose book, One Woman's War, helped her win the People's Book Prize.

CANDY JAR Books has announced that Sully author Eileen Younghusband has been named winner of The People's Book Prize in the non-fiction 2012/2013 category.

The prize is open to published authors and judged solely by the public. The annual event presented its first awards in 2010, following the death of its founding patron, Dame Beryl Bainbridge DBE.

With Eileen's proud victory came another day of celebration when she attended a Buckingham Palace garden party to receive her British Empire Medal (BEM).

As reported previously in The GEM, her book, *One Woman's War* reveals the truth about forgotten wartime women, barely out of their teens, who were employed in the Filter Rooms of RAF Fighter Command in the defence of Britain: "I dedicate this award to all of them," Eileen said.

For her next project, Eileen will release a book entitled *Men I have Known* – a chronicling of her various encounters in 91 years with many men of the world, including Dylan Thomas, Idi Amin and Rex Harrison.

MORGAN PAINTS THE TON RED AS DEFLATED WANDERERS RUE THEIR MISSED CHANCES

IF ever there was a game that the Wanderers thought they had won, then this was it; however, they were left to rue what could have been against Ton Pentre as they scratched their heads, and doffed their sweaty baggy greens, in defeat.

The story began at 1.30pm as Ridgwell strode to the wicket, won the toss and elected to bat. All seemed serene as Budkin and Barnes kept the openers at bay with consummate efficiency.

Budkin was unlucky to depart, playing on for 21 and Ridgwell hit a quickfire 13 before being bowled between bat and pad.

Barnes, looking scratchy early on, was beginning to look more confident and it was he and Coleman who were the fulcrum of the innings.

Coleman as ever looked to push the run rate up but Barnes was disappointed to depart for 47 as he looked set for a long innings, and when Davies was adjudged lbw first ball, the medium order capitulation set in. Gallagher, Denning and Ellis all failed to support Coleman and a total over 240 was now disappointly out of reach.

Phil Wolfenden again played a great cameo in what is becoming a familiar role for the number 9. Coleman sauntered past 50 and the Wanderers finished their innings on 210 for 7, probably just under par for a ground with a large quick outfield.

Luke Denning produced a magnificent opening spell with the ball and first out was the dangerous Thomas, who has a league double ton to his name, who was excellently caught by Andy Gallager at mid on.

Denning then proceeded to bowl the next three batsmen and when Theo Richards joined the party and had Hopkins caught by Coleman in the gully, the Wanderers sensed a quick win.

When Morgan came out to bat his team looked down and out and had Wolfenden taking a catch behind when Morgan was on 0, the result would have been very different.

Alas, this was not to be and Morgan looked to build on his good fortune. With Morgan the senior partner and Moon hanging around, the pair began to rebuild the innings.

The Wanderers were not too perturbed at this stage and at drinks the home side were 103 for 7, with still over half the total to get.

Morgan then switched on the gas and was particularly ruthless on anything short, with two sixes going over the pavillion and onto the football pitch.

Ellis and Ridgwell could do nothing as Gallagher plugged away gallantly to keep scoring to four an over at his end. Morgan was by now taking the majority of the strike and was turning down singles in readiness of the bad ball being bowled.

A plethora of wides did not help the Wanderers' cause as Ellis had one of his off days.

With the total on 188 and the Wanderers looking forlorn, the game took a surprising turn when Moon was caught idling and Budkin swooped to run him out for 26.

This gave the Wanderers side much needed impetus and the game hung in the balance, with 21 runs needed for the home side and two wickets needed for the Wanderers.

Morgan, having now passed his ton, was looking to finish the game off and hit Ridgwell for a huge six to leave his side needing eight going into the penultimate over. Ellis was given the task, with Gallagher having bowled out, and the change of ends helped as Morgan sent one to long on.

Ieuan Wade made the ground but unfortunately the ball slipped through his hands and the game was effectively over. Ridgwell bowled the last over and it was aptly left to Morgan to hit the winning runs and finish on 134 not out.

The only consolation was that the Wanderers yet again picked up high scoring losing points for their batting display and Ridgwell can be heartened with the fact that they took a strong Ton Pentre side to the wire.

The disappointment was that the game was there to be won, but hopefully a win is just around the corner as they host Newport III's at Hayes Point this Saturday.

BWCC Dow Corning man of the match was Luke Denning for his 6 - 27.

THE SOOTY SHOW SWEEPS IN TO TOWN

After a disappointing couple of results on Saturday in the league the Wanderers SO (Sunday Aficionados) XI looked to restore some pride with a win against old foes Cynon Valley.

It has been a few years since the Wanderers hosted Cynon Valley and it was great to renew rivalries. Skipper Coleman, after much deliberation, decided to bat and the hosts were soon in trouble as Wade missed a straight one for 0 and Downey was caught for 4.

With Fenton having a rare off day with the bat and departing for a duck, it was left to easy rider Wolfenden to see off the opening bowlers along with Norman, who was fresh from his 50 the previous week.

At 59 for 4 it was time for consolidation and Ellis provided an able partner for Norman. The duo kept the scoreboard ticking over until Grant Buckingham (playing for the opposition) forced Norman into an error as he scooped one to square leg for 28.

Coleman, coming off his unbeaten 50 the previous day, managed to have an unbelievable escape on 0 as he under edged a cut onto his stumps but as luck would have it the bails did not move.

He made the most of his luck as he then set about playing an aggressive innings of savage shots along with excellent running between the wickets. The score moved past the 100 in the 26th over and Ellis, having scratched around for 25, was caught in the slips brilliantly by Jones.

Coleman now stepped up the pace and one over he hit four fours in a row. Morgan produced an entertaining knock with a hook out that scorched to the boundary for four. He was now in the zone and at the end of the 40 overs he was unbeaten at the crease on 88, with the final wicket falling on 181.

The Cynon Valley reply started briskly with A Jones particularly punishing on anything loose from Theo Richards and Sam Harris, the five wicket hero from last week.

With the ball hitting the boundary board on a regular basis, the score soon moved past 50 before the evergreen Dave Morgan swooped on a ball and ran out the opener with dead eye accuracy.

It was now time for the old timer to bowl from the Ty Hafan end and he bowled eight excellent overs, taking two wickets for 18 runs. A caught and bowled by Morgan gave him a 'royal flush' of catches, wickets, run outs and runs.

Alun Wade toiled away from the hospital end with no luck so it was time for the Stealey and Ellis show to take over. Ellis' first ball got rid of the dangerous Jones as he was bowled for 84 and the game swung back in favour of the Wanderers when Ellis bowled Mraczak for 16 in his next over, leaving Cynon Valley reeling on 128 for 7.

Stealey produced the ball of the match to dispose of Powell lbw for 11 and when he bowled Haynes for 7, only one more wicket was required. Ellis duly obliged and as the ball was scooped by young Lewis Downey at cover the game was over and the Sunday side had won yet again by 30 runs.

A great all-round performance from the Wanderers with all players contributing to a marvellous day of cricket. For a great knock of 88 not out and superb captaincy, Peter Coleman took the Dow Corning player of the match award.

UNDER-11s WIN LAST BALL THRILLER AGAINST COWBRIDGE

The Barry Wanderers under-11s travelled to the lovely setting of Cowbridge on Monday night to play their match against Cowbridge under-11s.

Ewan, captain for the evening, won the toss and elected to put the hosts into bat. The sun was shining and the game was set with a good crowd in attendance.

Barry Wanderers bowled very well with Jacques bowling a nice line and length and Luke also bowling well. Mark took his first wicket, bowling the Cowbridge opener out.

With Thierry and Guy marshalling the offside with some smart stops there were no boundaries in the first 10 overs. Nat did well behind the stumps and Mark also covered well at long stop. Jack (our guest bowler for the night) took a vital wicket and at the end of the innings Cowbridge had scored a respectable 236.

In reply Jacques set off like a steam train hitting five 4s in a cameo innings of 24. Some of his shots sped to the boundary on the fast outfield and Jacques got the Wanderers off to a flyer.

Guy and Thierry did well with Thierry hitting a lovely four off the back foot. Mark, Ewan and Nat did incredibly well to not lose their wicket.

With the final four overs to bowl, the game was finely in the balance. Wanderers were ahead of the scoring rate but a couple of loose shots from Luke Grant put Cowbridge back in the game.

Sian bowled superbly for Cowbridge in the last but one over to put the game back in their favour and as the sun was setting for the last over it was all to play for.

The scenario was seven needed off the last over. Two wides and a single meant that Wanderers needed two off the last ball to win.

With Luke on strike, he cut the ball majestically to the boundary for four and the away supporters leapt to their feet in jubilant celebration.

Thanks go to Cowbridge for their excellent hospitality and the Wanderers will be happy that their best performance of the season resulted in a win.

Barry Wanderers man of the match – Luke Grant.

ME

Cadets make a splash in kayak training

Georgina Poulakis trying archery.

RECENTLY, Air Cadets from 372 (Barry) Squadron joined other Welsh cadets in a multi-activity day at Cosmeston Lakes – including mountain biking, archery, kayaking and climbing wall activities.

The cadets were given a detailed safety brief before having a go at the each activity. The kayaking, in particular, brought howls of laughter from spectators watching the cadets immersed in the icy cold water as part of their capsize drill training.

Cadet Bethan Williams said: "Kayaking was amazing, I thought I would capsize all the time, but after a bit of practice it was easy, fun and I can't wait to do it again."

After the kayaking, the cadets experienced the 60 foot mobile climbing wall, improving their skills before abseiling back down.

Cadet Toby Boss said: "Climbing was really cool. I enjoyed both the climbing and the abseiling; the views from the top were great."

Later, cadets took to the more challenging paths and tracks around Cosmeston, to test their mountain biking skills, before ending with archery.

The cadets taking part from 372 Squadron were Bethan Williams, Rhys Thomas, Toby Boss, Georgina Poulakis and Zena Poulakis.

If you have a spirit for adventure, 372 (Barry) Squadron have vacancies for boys and girls between 13-18 years old. The Squadron parade on Mondays and Wednesdays 7pm-9.30pm behind Adams Funeral Parlour (by the Memorial Hall) or you can phone the Squadron on 01446 747734, or email oc.372@air-cadets.org for more information.

THE VALE OF GLAMORGAN COUNCIL

(EGLWYS BREWYS ROAD (PART) LLANTWIT MAJOR) (ROAD CLOSURE) (TEMPORARY) ORDER 2013

The Vale of Glamorgan Council in exercise of its powers under Section 14(1) of the Road Traffic Regulation Act 1984 (as amended), and of all other enabling powers intends in not less than seven days from the date of this Notice to make an Order the general effect of which is as described in the schedules below: -

SCHEDULE 1

No person shall cause or permit a motor vehicle to proceed in the location specified in Schedule 2 below.

SCHEDULE 2

Location Eglwys Brewys Road, Llantwit Major from its junction with the B4265 Llantwit Major by-pass in a generally north easterly direction to the junction of Church Meadow. A distance of approximately 200m.

Reason To allow essential railway bridge maintenance works to take place.

Duration From 9.30am on Monday 22nd July 2013 until 4.00pm on Friday 16th August 2013.

Alt. Route Diversions for south westbound traffic during the above closure will be signed in a north easterly direction along Eglwys Brewys Road and continuing along this road to the junction of Cowbridge Road, then turning right at this junction and continuing in a generally southerly direction through the village of St Athan, to where this road meets the B4265 at Gileston Cross, then turning right onto the B4265, and proceeding in a generally westerly direction to the south western point of the closure, and visa-versa.

NB Pedestrian Access will be maintained at all times

Dated this 6th day of June 2013

M. E. Punter,
Head of Visible Services & Housing,
Vale of Glamorgan Council,
The Alps, Wenvoe. CF5 6AA.

VALE of GLAMORGAN BRO MORGANNWG

CYNGOR BRO MORGANNWG

GORCHYMYN (CAU FFORDD) (DROS DRO) (HEOL EGLWYS BREWYS (RHAN YN UNIG), LLANILLTUD FAWR 2013

Bydd Cyngor Bro Morgannwg, gan arfer ei bwerau o dan Adran 14(1) Deddf Rheoli Traffig 1984 (ddiwygiedig), a phob p?er galluogi arall, yn gwneud Gorchymyn ymhen o leiaf saith niwrnod ar ôl dyddiad yr Hysbysiad hwn a fydd yn cael yr effaith gyffredinol a ddisgrifir yn yr atodlenni isod:-

ATOLDEN 1

Ni fydd neb yn gyrru nac yn caniatáu i neb arall yrru modur yn y lleoliad a nodwyd yn Atodlen 2 isod.

ATOLDEN 2

Lleoliad Heol Eglwys Brewys, Llanilltud Fawr, o'r gyffordd â ffordd osgoi Llanilltud Fawr B4265 i gyfeiriad cyffredinol y gogledd ddwyrain i gyffordd Church Meadow - sef pellter o ryw 200m.

Rheswm Gwneud gwaith cynnal a chadw hanfodol ar bont y rheilffordd.

Cyfnod O 9.30am ar ddydd Llun 22 Gorffennaf 2013 hyd 4.00pm a ddydd Gwener 16 Awst 2013.

Llwybr arall Tra bod yr heol uchod ar gau, bydd traffig sy'n teithio i'r de orllewin yn cael ei ddargyfeirio drwy gymorth arwyddion, i gyfeiriad y gogledd ddwyrain, ar hyd Heol Eglwys Brewys, i'r gyffordd â Heol y Bont-faen. Bydd yn troi i'r dde yn y fan honno ac yn symud ymlaen ar hynt ddeheuol i bob pwrpas drwy bentref Sain Tathan nes cyrraedd y gyffordd â phriffordd B4265 wrth Groes Silstwn. Bydd yn troi i'r dde eto yn y fan honno, i'r briffordd honno, ac yn symud ymlaen i gyfeiriad cyffredinol y gorllewin nes cyrraedd pen de-orllewinol yr ardal a gaewyd. Yr un fath yn union fydd y drefn ar gyfer traffig sy'n teithio o'r cyfeiriad arall, ond o chwith.

D.S. ***Bydd mynediad i gerddwyr drwy gydol yr amser.***

Dyddiedig 6 Mehefin 2013.

M. E. Punter,
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would like to sincerely thank all their customers and fellow traders for the cards and gifts they received on their retirement, and also for their support and friendship over the past 25 years.

Birthdays

STEVE AUSTIN

Happy 60th Birthday on 7th June

Lots of Love, Mum and Dad, Lorraine, Vernon, Ian and all your family.
x x x x

Public Notices

THE VALE OF GLAMORGAN COUNCIL
CYNGOR BRO MORGANNWG
Planning (Listed Buildings and Conservation Areas) Act, 1990
Town and Country Planning (Development Management Procedure) (Wales) Order 2012

Development that may affect a Conservation Area/ Datblygu a allai effeithio ar Ardal Gadwraeth

Application No:/ Rhif y cais:	2013/00408/FUL
Proposal:/Cynnig:	Conversion of existing barn building within the curtilage of a listed building to residential use; provision of new access driveway; and removal of one modern barn.
Location:/Lleoliad:	Ty Fry Farm, Llandow, Cowbridge
Conservation Area:/ Ardal Gadwraeth	Llandow
Application No: /Rhif y cais:	2013/00440/FUL
Proposal:/Cynnig:	Change of use from shop to Cafe / Bar
Location:/Lleoliad:	Steamers, 4, Windsor Arcade, Penarth
Conservation Area:/ Ardal Gadwraeth	Penarth

Listed Building Consent/ Caniatâd Adeilad Rhestredig

Application No:/ Rhif y cais:	2013/00404/LBC
Proposal:/Cynnig:	Proposed replacement of main entrance gates, proposed installation of new rear courtyard gates and restorative work to existing greenhouse
Location:/Lleoliad:	Gileston Manor, Gileston, Barry
Listed Building:/ Adeilad Rhestredig	Grade II*
Application No:/ Rhif y cais:	2013/00419/LBC
Proposal:/Cynnig:	Replacement of windows and re-rendering the external walls with smooth acrylic render
Location:/Lleoliad:	2, Pwll y Myn Crescent, Peterston Super Ely
Listed Building:/ Adeilad Rhestredig	Grade II
Application No:/ Rhif y cais:	2013/00423/LBC
Proposal:/Cynnig:	Internal reordering
Location:/Lleoliad:	Pwllywrach, Colwinston
Listed Building:/ Adeilad Rhestredig	Grade II

Details may be inspected for 21 days at the address given below, or via **http://vogonline.planning-register.co.uk/**

Gall manylion eu harchwilio am 21 diwrnod yn y cyfeiriad a roddir isod, neu drwy **http://vogonline.planning-register.co.uk/**

Dated / Dyddiedig: June 6, 2013

M. Goldsworthy
Operational Manager Development & Building Control,
Vale of Glamorgan Council, Dock Office, Barry. CF63 4RT

Congratulations

Everitt & Hughes
Kyle & Kirsty
CONGRATULATIONS on your wedding
June 7th 2013
Wishing you health and happiness for the future.
All our love, Mum, Dad and all the family
x x x x

Family Notices

BISS
William Edwin (Eddie)

Mary wishes to thank all family members particularly Jayne and Ivor for their invaluable help and support together with the many friends, neighbours and Eddie's former B.R. workmates for their attendance at his funeral on 28th May 2013 and for their generous donations to Cancer Research Wales, Velindre Hospital. The number of cards, letters and messages of condolence received have been a great comfort at this sad time.

Thanks also to Mr Anthony Thomas of A.G. Adams and Son, Barry for his professional and courteous assistance, to the Reverend Irfon James for his comforting words at the service in the Chapel and the crematorium. Finally, thanks to Rhiannon at Stephenson's for the beautifully colourful family floral tribute and to the mangement and staff at the Tynewydd Inn, Barry for the excellent catering.

McMAHON
Patrick

An amazing man.

Passed away peacefully on 29th May 2013, aged 91 years.

Loving husband to Frances for 65 years, inspiring father to Christopher, Susan and Bonny, father-in-law to Martyn and Anthony.

Wonderful grampy to Matthew, Alex and Tom.

Resting at the private funeral home of The Vale Funeral Service, 181 Court Road, Barry until the service on Thursday 13th June, service at St Helens R.C Church, Barry at 12.30pm afterwards at Cardiff and Glamorgan Memorial Park, Barry.

Family flowers only, donations if desired to The Royal Navy Benevolent Trust, Castaway House, 311 Twyford Avenue, Portsmouth PO2 8RN

Funeral arrangements entrusted to Lyndsay Ellis @ The Vale Funeral Service.

HOPKINS
Glyndwr

Peacefully on May 31 at Princess of Wales Hospital, Bridgend, Glyn of St Athan, beloved husband of Dilys.

Resting at the Private Funeral Home of W James & Sons, Fonmon. Funeral Thursday June 13, service 2pm at St Athan Church, followed by interment in St Athan Cemetery. Family flowers only may be sent to the Funeral Home, donations in lieu, if desired, to BHF c/o J James, 11 Fonmon Road, Rhoose, Vale of Glamorgan CF62 3DZ.

BREWER
Alfred Walker

Peacefully on May 25th at Llys Gwyn Residential Home, Maudlam, Alfred, formerly of Turkey Street, Llantwit Major. Beloved son of the late Margaret and Randall, loving brother of the late David.

Resting at the Private Funeral Home of WJames & Sons, Fonmon. Funeral Tuesday, June 11th, service 2pm at St Illtuds Church, Llantwit Major followed by interment in Llantwit Major Cemetery.

Family flowers only may be sent to the Funeral Home, donations in lieu, if desired, to Prostate Cancer UK c/o J James, 11 Fonmon Road, Rhoose, Vale of Glamorgan CF62 3DZ.

Family Notices

HANSEN
Phyllis (née Burdge)

The family of the late Phyllis wish to extend their thanks to the staff at Springbank Nursing Home, Barry for their care and support over the last five years.

Special thanks from daughter Janet to husband Phillip Beaven *for his unwavering hands on help and care for Phyllis throughout this time.*

Also thanks to Dr D O'Connell of Highlight Park Surgery Barry for kind support in these last weeks.

Funeral Service on Friday, 7th June 2013 at 11.30am at James Pidgeons Funeral Home. Family flowers or donations to Cancer Research Wales c/o James Pidgeon & Sons Funeral Directors, 539 Cowbridge Road East, Canton Cardiff.

WATKINS
Eileen Rebecca

It is with great sorrow that we announce the death of Eileen, adored wife of Basil for 58 years and greatly beloved by Greg, Tim, Sue and Hannah. She died peacefully in the presence of her family on the evening of Friday, 31st May.

Funeral arrangements: Tuesday, 11th June, 11.15am, cremation at Cardiff and Glamorgan Crematorium, Port Road East, Wenvoe; followed at 12.30pm by a celebration of Eileen's life at the Holy Cross Church, Cowbridge.

No flowers please. If desired, donations may be made to The British Heart Foundation via the Funeral Director, W H Preene & Son, Mwyndy, Pontyclun.

LYONS
Margaret Elizabeth

Suddenly on 22nd May 2013 at her home in Rhoose, Beth. Beloved wife of the late John and dearly loved mother of Sian and Steven.

She was a loving grandmother and great grandmother and will be sadly missed by family and friends.

Funeral service on Monday 10th June in Cardiff & Vale of Glamorgan Memorial Park Crematorium at 10.30am.

Family flowers only, but donations may be made to British Heart Foundation c/o the Funeral Director *(cheques only please).*
Enquiries to W.A. Brown & Son 01446 792489

INGLE
Richard (Pat)

Sue and Steve would like to thank everyone who came to see Dad set off on his final journey.

We would especially like to say thank you to all the staff of Milsom House for the love and care they gave to all of us and also to Alan and the team at A.G. Adams and Son Funeral Directors for making the day a smooth ride.

PALMER
Hubert Phillip (Hughie)
1923 - 2013

After a very long illness, Hughie passed away on May 31. Loved father of Michaela, father-in-law of John, grandfather of Natalie and Rebecca, great-grandfather of Danny, Brandon and Joel, devoted twin brother to George (founders of Barry Zoo, Weycock Road).

Resting at the Private Funeral Home of W James & Sons, Fonmon. Funeral Friday June 14, service 11.15am at Porthkerry Church followed by cremation at Cardiff & Glamorgan Crematorium, Barry at 12.45pm. Family flowers only may be sent to the Funeral Home, donations in lieu, if desired, to WWF c/o J James, 11 Fonmon Road, Rhoose, Vale of Glamorgan CF62 3DZ.

THOMAS
Rhodri

Tragically on May 24 Rhodri of Sealands Farm, St Brides Major, dearly loved son of Andrew and Helen, loving brother of Elwyn, Morgan and Evan, much loved grandson of Gerald and the late Glenys, and Isobel and the late Clive, will be sadly missed by family and friends.

Resting at the Private Funeral Home of W James & Sons, Fonmon. Funeral Monday June 10, service 2pm at St Illtuds Church, Llantwit Major followed by private interment. No flowers by request, donations in lieu, if desired, to Wick Rugby Club c/o J James, 11 Fonmon Road, Rhoose, Vale of Glamorgan CF62 3DZ.

Stags too strong for Newbridge

BARRY entertained Newbridge at the Island and the home team were put in to bat.

Gavin White and Nathan Baker got Barry off to a cautious start, but were gradually getting the better of the Newbridge bowlers when Baker was harshly adjudged LBW for 13. Rhett Jones joined White and shared a stand of 76, with Jones blasting a quick 36 before being smartly stumped off a wide delivery.

Steve Provis and White carried on accumulating runs when a bizarre injury brought a halt to proceedings for nearly two hours.

Attempting a run-out, one of the Newbridge players dislocated his shoulder and was unable to move. There was a 'light-hearted' moment as the player was lifted on the stretcher; he groaned in pain, with the umpire replying 'not out'.

Play resumed in the 36th over with Barry 156-2. White reached his 50 off 105 balls and was out for 53. Provis batted splendedly reaching his 50 off 46 balls, with Ian Gadd and Shae Ellis providing support.

With the overs disappearing, the race was on for Provis to reach his century, but he fell short and ended up 97 not out, with 11 fours and 2 sixes off just 74 balls as Barry posted 264-6 off 50 overs.

Newbridge were set a target of 252 off 47 overs. Morgan and Fortune got Newbridge off to a flyer, with Morgan finding the boundary with ease. Steve Jones got rid of Fortune and this brought former Glamorgan player Ryan Watkins to the crease, but he fell to Hellyar for only 10.

Horton Jnr came in and with Morgan took the score to 134-2 but was taken by an absolute cracker of a catch by Hellyar.

Morgan played a nothing shot and was caught by the lurking Hellyar off Baker and then skipper John Gee tore into the rest of the order as Newbridge subsided to 188 all out, with Gee taking 4-37 and Baker 2-49. Ellis and Billy Usswald picked up a wicket a-piece.

On Sunday, the Stags travelled to Llandaff school to play a re-arranged game against the Welsh Asians. Skipper Gee won the toss and asked the home side to bat, and was delighted when Shae Ellis threw down the stumps in the first over to run out the bewildered Singh.

Ghouri came to the crease and stroked the ball around as they tries to repair the damage of the early wicket. Jones bowled his 10 overs well, picking up a wicket for 42 runs, while Baker and Ellis slowed the run rate down with their spin.

Aris took a liking to the bowling of Usswald and blasted a fifty off 39 balls whilst Ghouri reached 57 before being the first of three stumpings by White. Aaron Smith raised the Stags' hopes with a two wicket blast off successive balls, the second being caught by his dad Huw. Usswald got some revenge by removing the last two wickets as the Welsh Asians finished 245 all out.

The Barry innings got off to a steady start as Huw Smith and Gavin White prodded and probed, but White fell early, which brought Andy Buckland to the crease and he hit a brisk 13.

Baker came in and along with Smith provided 42 runs for the third wicket before Smith was out for 19. Baker was the Stags' main hope and he reached his 50 off 56 balls, with good support coming from Ian Gadd (16) and Ellis (19).

With 69 needed off the last 10 overs and with Baker on 97 he played a rather rash shot which brought the end of a good knock which included 11 fours and 2 sixes. The rest of the innings was rather non-descript as Barry lost their last six wickets for just nine runs with Ghouri taking 4-31.

AB

MILLWOOD BOWLING RESULTS

ON June 1, Millwood A faced Cadoxton 'A' in the SVL, a game which resulted in a home win for Millwood by a total of 9 shots, 83-74.

This was the final game of this league and was the only game that Millwood were victorious in.

This week's fixture is a league Division 6 game away to Ynysybwl 'A'.

In the Brian Oliver Trophy on the same day, Millwood were defeated 101-58 by Barry Romilly.

This annual fixture between these two clubs is in memory of Brian Oliver, who was a member of both bowling clubs.

The weather was just about perfect for the game, a slight breeze and lovely sunshine.

Romilly proved to be too strong for Millwood, winning on all four rinks by a shot total of 43.

As with every game, the game was played in the very best of sportsmanship, and good company after in the clubhouse.

This week sees the start of League 3 fixtures, with Millwood hosting St. Joseph's (Cardiff).

No rest for wicked

AFTER another double winning season, AFC Colcot are looking for new sponsors to help provide a new kit for the challenging new season.

The team will resume training every Tuesday and Thursday starting on July 23 at 6.30pm at the Sports Centre. Contact Greg on 07891 000275 or Lee on 07838 363210 for more information.

LH

Brynhill ladies' busy month of competition

DESPITE a cold and windy May, the lady golfers of Brynhill Golf Club continued to give good support to the weekly competitions.

Only one competition was cancelled due to the heavy rain.

Results:

April 23 – GUW Challenge bowls silver & bronze, silver winner Lynne Bubbins, runner-up Robbie Lee; bronze winner Liz Fine, runner-up Maria Gentile.

April 23 – GUW medal, silver winner Lynne Bubbins, bronze winner Liz Fine.

April 30 – Rabbits & Tigers, winners Linda Hewlett & Linda Gershenson, runners-up Sam Pascoe & Chris Jones

May 7 – Holland & Tattersall trophy, winners Suzanne Bounds, Brenda Chick, runners-up Glynis Gould & Norma Phillips.

May 7 – GUW Centenary foursomes, winners Glynis Gould & Norma Phillips.

May 14 -– the Bob Hope Rose Bowls were cancelled, but will now be played on July 9.

May 21 – Parkstone qualifying competition, John Colllins cup, winner Norma Phillips, runner-up Linda Hewlett.

GUW medal, silver winner Linda Hewlett, bronze winner Norma Phillips.

May 28 – Junior gold cup (4-ball better ball), winners Lynda Lloydand& Liz Taylor, runners-up Helena Coombes and Chris Jones

Congratulations go to Lynda Lloyd and Shirley O"Donovan, who successfully beat a Glamorganshire pairing in the preliminary round of the Mary Nicholls competition at Glamorganshire.

They then went on to beat the Pyle & Kenfig pairing at Brynhill, winning both matches 4 and 3.

JK

Bowling club open day

DINAS POWIS Bowling Club are holding an open day on Sunday, June 9; come along to the clubhouse on St Andrews Road between 10.30am and 12.30pm and try your hand at bowls.

We are players of all ages so all are welcome, ladies and gentlemen. Bowls will be provided, just bring along a pair of flat soled shoes.

Our players will be on hand to introduce you to the game or re-acquaint you if you have played before; if you enjoy yourself, why not take advantage of our reduced membership fees for schoolchildren, students and first year bowlers.

For further information contact 029 20513743 or 029 20513786.

AD

Brynhill golf – latest results

LATEST results at Brynhill Golf Club (men's section) are as follows:

Queens Coronation Cup (June 2): winner – Scott Warne, 66 nett (on count back); runner-up – Tom Wilcox, 66 nett. Number of competitors: 76.

Victory Trophy: winner – Nathan Stephens, 62 nett; runner-up – Sam Lazenbury 68 nett. Number of competitors: 52, Standard Scratch: 72.

Bryan Whitehouse Cup (May 26): winner – Alan Williams (40 points); runner-up – Ian Shumack (39, on back nine). Number of competitors: 124.

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Huskies get powerful support

ABOVE:
Barry Huskies receive the donation from Jason Allen and Ian Tait of Aberthaw Power Station. Also pictured, club secretary Alun Rees.

ABERTHAW Power Station has made a donation to Barry Huskie – to help them cover the cost of basketball court fees.

The Barry Basketball Club has been running since 1964 and currently has 67 members, ranging from under-12s to adult teams. Both boys and girls train and compete in the South Wales league.

"Since the Vale leisure centres have become privatised, playing court fees have gone up so the donation will help to cover the cost of training and matches," said Alun Rees, secretary and club member since 1964. We are very pleased to support a thriving club and make sure it can offer this opportunity to such a wide range of youngsters," said Ian Tait, Aberthaw Power Station engineering manager who made the formal presentation.

The club has a double link with the power station as Jason Allen, EC&I team leader at the site, is dad to Ryan and Carys, who both play for the Huskies.

Anyone is welcome and can drop in for training on Sunday morning at Holm View Leisure Centre or call Alun on 02920 531531.

Golf skipper Sue hands over £7,830 donation to Velindre

AFTER a year of fundraising activities and events, the lady captain of Glamorganshire Golf Club, Sue Gibson, was "proud" to make a magnificent donation of £7,830.02 to Velindre Cancer Centre.

Sue Gibson (left) presenting the cheque to Jan Morgan of the Velindre Cancer Centre.

Sue was inspired by a Velindre fashion show she attended in the Vale Resort last year and was determined to go on and raise money for Velindre during her year as lady captain.

She organised a gala attended the event on behalf of Velindre, and said how generous the members of the golf club had been in supporting Sue Gibson's term of lady captain and helping to make the event such a huge success.

Andrew Morris, Head of Fundraising at Velindre, said: "This is a wonderful donation, and speaks volumes for the hard and commitment of Sue and her fellow members at the Glamorganshire Golf Club.

" It's remarkable to be able to raise so much in these difficult economic times and we are extremely grateful to everyone who contributed to this exceptional donation.

"The money raised will be used to help ensure the best possible support is offered to every patient, their family and carers dealing with cancer at Velindre."

RHOOSE FC'S END OF SEASON PARTY

SUNDAY, June 23 sees Rhoose Football Club host their end of season party and presentation night for the junior and mini sides.

The event being held in the main function hall at Fontygary holiday park has been kindly sponsored by the Park itself and Lafarge Cement, as both companies help the community around them.

The season again has seen the club grow as the village itself grows and currently over 120 children registered and a year-2 team already in place and training for the new coming season.

The season has plans in place for the forthcoming season including summer beach training, summer barbecue and other social events to make the club the heart of the village.

The event will have a disco and an interval for the coaches to give out trophies to the Rhoose players. We hope to see a great turn out as families turn out to support their players on congratulating them on a long successful season.

The presentation night will run from 4pm-7pm upstairs in the main hall at Fontygary Holiday Park; for more details about the club please visit our website, www.rhoosefc.co.uk. **PH**

Calling all club officials -
we welcome your news and sports reports. Email them to: gemeditorial@tindlenews.co.uk

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AUDI A3 RESPONDS TO EVERY DRIVER'S WHIM

MOTORING with TIM SAUNDERS

DRIVING experience – words that every motorist knows about, no matter what vehicle they drive.

For some it will be a wholesome, positive experience, while for others, totally unsatisfactory. The latter not necessarily being the car's fault either, I might add – rather the driver's sheer incompetence behind the wheel.

But enough of the driving instructor's tales and my Sunday afternoon experiences.

In this day and age when so much is clinical and characterless, you could be forgiven for thinking that driving has become little more than another chore that just needs completing rather than being enjoyed and savoured.

So often the whole experience can be a pretty monotonous affair, especially with the amount of vehicles on the roads.

It is, therefore, refreshing to sit inside the Audi A3 TFSi S line, which responds to almost every driver's whim. There are five different modes ranging from economy to dynamic.

Understandably, the latter is by far the most enjoyable.

After all, it is the driving experience that lies at the heart of this splendid machine. Equipped with no less than a seven speed S tronic automatic gearbox, the driver can use it either as a traditional automatic or if they are feeling that they want more control, the stick can be pushed to the left and pushed up or down to go through the gears manually (as you can see in the video at test-drives.biz).

If that is still not satisfactory then the paddle shifts either side of the uniquely designed steering wheel will deliver an experience akin to driving a racing car. When selecting dynamic mode and using the manual option, the A3 is noticeably much more responsive, agile and nimble although there is still a slight delay when the accelerator is kicked. Push it to the floor and it seems to go on and on forever.

A very gutsy and exhilarating experience.

It's interesting to note that the paddle shifts can be used in conjunction with the manual option, if required.

Speed and agility are all very well but traditionally, such vehicles guzzled fuel like no tomorrow. I am, therefore, positively astounded that not only will this hot hatch travel from 0 to 60mph in just seven seconds, but it will also return a staggering 50mpg (there's a really reliable engine stop/start function, too).

You really can put your foot down without worrying about the fuel gauge plummeting. To put this into perspective, it is more efficient than my own diesel Ford Fiesta, which certainly does not provide the driving experience or performance.

The sporty feel throughout the A3 S line is helped by the golf ball-topped gearstick and the sports leather covered steering wheel. The driving position is critical and, pleasingly, I have no complaints; my arms comfortably resting outstretched at the ten to two position on the steering wheel. You would be surprised how often this ideal position is not attained due to an incorrect seat height that can't be adjusted to perfection and/or a steering wheel that cannot be adjusted for the optimum position.

With a dashboard that leans towards minimalism, it is certainly a refreshing take on what can so often be an overpowering, cluttered experience. The few switches present relate to such things as heated front seats and the air conditioning. It does take a while to adjust to the position of the volume control for the stereo; to the right of the gearstick.

The owners of a hot hatch like this are likely to be affluent 20 to 30 year olds. Therefore my baby seat and pushchair test is wholly unfair, but a necessity with my family. This three-door model will begrudgingly accept two baby seats in the rear – the front seats barely fold far enough forward to allow for the seats to be easily fitted in the back. The boot is large enough for a pushchair.

Overall, it takes much to beat this compact hatch, which is easy to park and supremely quick. It is one of my favourites.

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Engine: 1.8-litre turbo direct injection.

Economy: 50mpg.

0-60mph: 7secs.

Top speed: 144mph.

Power: 177bhp.

Fuel tank: 50 litres.

Watch the video: www.testdrives.biz.

VALE MP HANDS OVER STORE'S KIT DONATION

Oak Field pupils celebrate their new sporting equipment with Vale MP Alun Cairns

NEW footballs and equipment have been handed over to Oak Field Primary School pupils in Barry.

The Vale MP, Alun Cairns, had received the donation from McDonald's Director of Football, Sir Geoff Hurst, and the FA's Director of Football Development, Sir Trevor Brooking in the House of Commons recently.

Geoff Hurst explained;:"Over the past decade, I've seen grassroots football take on a whole new guise and take a huge leap forward in terms of progress and quality.

"Kit and equipment is just one of many of the small ways that we can continue to support football at this level, and I hope Oak Field pupils enjoy using this fantastic new football gear."

Alun Cairns commented: "I was delighted to join in with some football training with the pupils at Oak Field Primary."

Sapphires' gem of a victory...

THE Sapphires beat the Diamonds in the Vale adult boccia league final at Hengoleg Resource Centre on the 10th anniversary of the league.

With 35 players made up of eight teams from Boccia Rollers, Cardiff and Vale College and Hengoleg Resource Centre, the Sapphires were helped by two Special Olympics Wales players in their team, Heather Williams and Suzy George. There was also a strong performance by Lucy George to help them to victory.

The Hengoleg Rolling Stones beat Hengoleg Fire Balls in a sudden death play-off for third place as the match ended even after normal play.

All teams put in good displays, especially the Cardiff and Vale College teams, taking part for the first time.

Vale Council Disability Sport Wales officer Simon Jones said: "It was great to see so many players taking part in the 10-year anniversary of the league. The standard was as high as ever and a great effort was put in by all players. I'd like to thank Linda Ruston and Val Savory for their help with the running of the league and helping it be a success."

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61 PORSCHE Cayenne 3.0 Diesel Auto. In white with full beige leather, 7,000 miles, too many extras to list **£57,995**

60 FORD Galaxy 2.0 Diesel Zetec. In met grey, 37,000 miles. 7-seater **£13,995**

08 JAGUAR X Type 2.2 Diesel Automatic. In glacier blue with beige trim, 54,000 miles, FSH **£8,495**

60 HONDA Jazz 1.3 ES Automatic 5-Dr. In met silver, 17,000 miles, under Honda warranty **£8,495**

09 FORD Fiesta 1.6 Zetec S. In vision blue, 43,000 miles, 2 owners **£7,695**

59 FIAT 500 Sport 1.2. In red, 39,000 miles, £30 road tax, low insurance **£7,495**

10 TOYOTA Yaris 1.3 TR 5-Dr. In black, 24,000 miles, 1 owner, £30 road tax **£7,295**

08 FORD C-Max Zetec 1.6 Diesel. In met blue, 51,000 miles. Fantastic value at **£6,995**

08 TOYOTA Avensis 2.0 Diesel TR In met, 59,900 miles, very nice example at **£6,995**

09 TOYOTA Auris 1.6 TR 3-dr. In light met blue, 35,000 miles **£6,495**

60 SUZUKI Swift 1.3 SZ3 3-dr. In burnt orange, 20,000 miles, low insurance **£6,495**

59 FORD Fusion 1.6 Titanium. In met blue, 28,000 miles, very nice example at **£6,495**

11 PEUGEOT 107 Urban Lite 1.0 3-dr. In yellow, 5,000 miles, £20 road tax **£5,995**

59 MAZDA 2 Tamura 1.3 5-Dr. In maroon/black, 46,000 miles, 1 owner **£5,995**

08 FORD Fiesta 1.4 Diesel Zetec 5-dr. In met black, low insurance + £30 road tax, excellent mpg **£5,995**

08 SKODA Fabia 2 1.6 Estate. In met gold, 29,000 miles, 2 owners **£5,695**

57 VAUXHALL Zafira 2.2 SRi. In met silver. 46,000 miles, 7-seater with alloys etc **£5,695**

10 PEUGEOT 107 Urban 5-dr. In silver. 14,000 miles. £20 road tax, low insurance **£5,495**

09 FORD Ka 1.2 Zetec. In vision blue, 41,000 miles, £30 road tax, low insurance **£5,495**

57 VAUXHALL Astra 1.6 Design Coupe. In met silver, 50,000 miles. Stylish hatch **£5,495**

06 VW Golf 1.6 FSi Sport 3-Dr. Inred, 73,000 miles, 2 owners **£5,495**

04 MERCEDES C320 SE Automatic Sport Coupe. In silver, 46,000 miles with panoramic roof etc **£5,495**

58 FORD Fiesta 1.4 Diesel Zetec Blue 3-dr. In met silver, 51,000 miles, £30 road tax **£5,495**

57 FORD Focus 1.6 Style 5-dr. In met blue, 67,000 miles with a/c **£4,995**

07 SEAT Altea 1.6 Reference Sport. In red, 62,000 miles **£4,995**

55 FORD Focus 2.0 Ghia Automatic. In met grey, low mileage, local example at **£4,995**

05 MINI Cooper. In black with white roof, mirrors & stripped, 78,000 miles **£4,995**

57 VAUXHALL Tigra 1.4 Exclusive Convertible. In black, 66,000 miles **£4,995**

57 FORD Fiesta 1.4 Ghia 5-dr. In black, low mileage local car at **£4,995**

07 PEUGEOT 207 1.4 Sport (90) 5-dr. In turquoise met. 31,000 miles with a/c **£4,995**

07 VAUXHALL Astra 1.6SX 5-dr. In met silver, 54,000 miles, ideal family hatch **£4,695**

07 PEUGEOT 107 Sport XS. In black with red trim, 31,000 miles, £20 road tax **£4,695**

58 VAUXHALL Corsa 1.4 Design 3-dr. In met-blue, 72,000 miles, 1 owner **£4,695**

07 PEUGEOT 207 1.6 Sport Automatic 3-dr. In black, 37,000 miles **£4,495**

07 PEUGEOT 407 1.6 Diesel SE Estate. In silver, 71,000 miles, full glass roof **£4,495**

06 TOYOTA Corolla 1.6 Colour 5-dr. In light met blue, 70,000 miles, a/c, alloys **£4,495**

58 VW Fox 1.2 Urban. In yellow, 39,000 miles, low insurance **£4,495**

08 CITROEN C3 Cachet 14 5-dr. In silver, 53,000 miles, low insurance, a/c, cd etc **£4,295**

54 LANDROVER Freelander 1.8SE 5-dr. In silver, 74,000 miles with a/c, leather etc **£4,295**

05 FORD Focus 2.0 Diesel Ghia 5-Dr. In black, usual Ghia refinements. 81,000 miles **£4,295**

08 VAUXHALL Vectra 1.8 Exclusive. In met burgundy, 70,000 miles. Ideal family hatch **£3,995**

06 FORD Fiesta 1.4 Diesel Zetec 5-dr. In black. £30 road tax, low insurance **£3,995**

06 FORD Focus 1.6 Diesel LX Estate. In silver, 86,000 miles, practical & economical **£3,995**

06 FORD Fiesta 1.4 Diesel Style Climate 5-dr. In glacier silver, 67,000 miles, £30 road tax, CD, Air Con . . **£3,995**

06 TOYOTA Aygo 1.0 Sport 3-dr. In glacier blue, 61,000 miles, £30 road tax **£3,995**

57 SMART Fortwo passion Auto. In silver with leather, air con, CD, etc, low insurance **£3,995**

55 SMART Fourtwo Passion Convertible. In orange/silver, 35,000 miles with a/c, £30 RFL **£3,995**

53 MINI One. In silver with salt pack, alloys, 57,000 miles, 2 owners **£3,995**

06 CITROEN C1 Vibe 3-dr. In yellow, 50,000 miles, low insurance **£3,795**

07 RENAULT Megane 1.6 Dynamique Automatic. In sand met. Low mileage example at **£3,695**

05 FORD Focus 1.6 Ghia (New shape) 5-dr. In machine silver, 79,000 miles, excellent throughout **£3,695**

57 FORD Ka Luxury. In silver with black leather trim, 30,000 miles, a/c, alloys etc **£3,495**

55 FORD Fiesta 1.4 Zetec Climate 3-dr. In met blue, 56,000 miles, a/c, alloys, cd **£3,495**

55 RENAULT Modus Privilege Automatic. In gold, 34,000 miles, superb example **£3,495**

55 MITSUBISHI Colt 1.1 Attivo 5-dr. In black, 59,000 miles, low insurance **£3,295**

05 FORD Focus 1.8 Edge 3-dr. In ice silver, 72,000 miles with alloys, cd **£2,995**

05 CITROEN C3 1.4SX. In black, 76,000 miles **£2,995**

54 FORD Focus 1.6 Ghia Auto. In black, 71,000 miles, usual Ghia refinements **£2,995**

54 FORD Focus 1.4 CL 5-dr. In glacier blue. 60,000 miles, c/l, e/w, etc **£2,795**

53 TOYOTA Corolla 1.6 T3 5-Dr. In met silver, 71,000 miles, 1 owner. **£2,995**

06 CHEVROLET Lacetti 1.8 Sport 5-dr. In silver with full leather trim, 75,000 miles. **£2,495**

04 FORD Focus 1.6 Zetec Auto. In silver mint, 80,000 miles **£2,495**

06 VAUXHALL Corsa 1.2 Elegance 5-Dr. In met burgundy, 56,000 miles, 2 owners **£2,495**

04 FORD Ka Collection. In aqua silver, 53,000 miles, low insurance **£2,395**

05 DAEWOO Lacetti 1.4 SE 5-dr. In met blue, 77,000 miles, CD, e/windows, c/locking **£1,995**

02 HYUNDAI Agila 1.0 GSi 5-dr. In green, 44,000 miles, low insurance **£1,995**

08 FORD C-Max Zetec 1.6 Diesel
Met blue, 51,000 miles
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59 FORD Fusion 1.6 Titanium
Met blue, 28,000 miles, very nice example
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08 SKODA Fabia 2 1.6 Estate
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GEM sport

Tour de Force for rampant Lions

BACK PAGE COMMENT
by Don John

NO sooner had the final whistle sounded on the 2012-13 season, than rugby thoughts turned to summer tours, with Wales heading for the land of the rising sun, but overshadowed by the more high-profile British & Irish Lions' expedition to Oz, which finally kicked off yesterday (Wednesday) against Western Force in Perth.

While an unfamiliar Welsh team – the equivalent of New Zealand's 'baby Blacks' – were packing their bags for Japan, the bulk of the senior players were forming the broad spine of their seconded head coach Warren Gatland's Lions squad bound for Australia.

In fact, no fewer than 11 of them featured in Saturday's curtain-raiser in a sweltering Hong Kong stadium against a Barbarians' invitational side that a week earlier had been thrashed by England at Twickenham.

While it may not have been a true test of Lions' credentials, it did offer an opportunity for the heavy Welsh contingent to lay down an early tour marker – an opportunity they grasped with alacrity.

The team ran in eight, well-worked tries (seven of them by Welshmen) in an emphatic declaration of intent that would have put the waiting Wallabies on red alert.

After the 59-8 demolition of the Baabaas (who, sadly, on this occasion were more like Baa-lambs to the slaughter) the real opener came against Western Force, which in line with Gatland's pre-tour vow to give every member of the party a chance to impress, saw a completely-changed Lions' side, with only four Welshmen in the starting line-up – Leigh Halfpenny, George North, Alun-Wyn Jones and Ian Evans.

The team:

Leigh Halfpenny, Tommy Bowe, Brian O'Driscoll (captain), Manu Tuilagi, George North, Jonny Sexton; Conor Murray; Cian Healy, Rory Best, Dan Cole, Alun-Wyn Jones, Ian Evans, Tom Croft, Sean O'Brien, Jamie Heaslip.

Replacements: Tom Youngs, Mako Vunipola, Matt Stevens, Geoff Parling, Toby Faletau, Ben Youngs, Owen Farrell, Sean Maitland.

They faced what was said to be the weakest regional opposition the Lions were likely to meet Down Under.

As such, the game was expected to further ease the tourists' path into an exacting nine-match tour which will culminate in the three crunch Tests against the Wallabies.

And so indeed it proved – even if the Force did not exactly measure up to its name, given a controversially-depleted starting line-up that made nonsense of its place on a Lions' itinerary.

The selection paid the inevitable price as the tourists roared into a 27-3 halftime lead, eventually running in nine tries and two penalties, all of which were converted successfully by the ever-reliable Leigh Halfpenny, who again notched up a 100 per cent match kicking tally.

The final score, 69-17, represented something of a humiliation in that sports-mad country, whatever excuses may be put forward for the defeat, and it will surely give the Wallaby selectors much to ponder on.

Following on this display, and the Hong Kong performance, while there can be no place for complacency, Warren Gatland is in the more enviable head-scratching position of having an embarrassment of riches to choose from.

Clues to his thinking will come with the starting line-up against Queensland Reds at the Suncorp Stadium on Saturday, which should prove to be a much sterner test for a Lions' squad slowly gaining in confidence.

Youngsters meet Welsh rugby star Lee

The under-9s

The under-8s with Lee Byrne.

Pictures by
ANDY WICKS
Tel 07855 374478

COWBRIDGE RFC'S mini and junior sections held their end-of-season presentations last week, with a star guest handing out the awards!

Local lad Lee Byrne, who 12 years ago was attracting favourable reports in The GEM as a young full back at Bridgend Athletic, made the trip home from his current club, Clermont Auvergne.

In the intervening years, of course, he played with distinction for the Scarlets, Ospreys, Wales and the British Lions.

Another heavy defeat for the second team

WITHOUT wishing to sound repetitive, last week's match was to prove yet another harsh lesson to Cowbridge Second XI as to the standard of cricket they will face this season.

Cowbridge played Ynystawe at the Athletic Ground on a glorious sunny day. Ynystawe batted first and things started brightly for Cowbridge, with Rian Thomas removing one of the Ynystawe openers with the score only on 10.

However, from this point on things did not go so well for Cowbridge as the opposition piled on the runs and the score rose rapidly. Nothing the Cowbridge bowlers did could stem the tide.

Although there was some good bowling from the likes of Ian Evans, John Gilbert and Gareth John, Ynystawe were able to post an impressive total of 253 for 4 off 40 overs declared.

One positive, though, was a wicket for Sam Russell, making his debut for the Second XI, who performed very well on his debut and is a real prospect for the future.

Considering the previous performances of the Cowbridge batsmen, 253 was a significant total to have to surpass and unfortunately Cowbridge never got close to the target.

Despite some stubborn resistance from Liam Sullivan, welcomed back after an 11 year hiatus from senior cricket, and Rian Thomas, Cowbridge were all out for a disappointing 83.

Life in the First Division of the South Wales Cricket Association is proving tough for Cowbridge Seconds, but it is hoped that things will improve as the season progresses and the experience the younger members of the side are gaining will only stand them in good stead for the future.

JW

Good league win for bowlers

COWBRIDGE lady bowlers had another good win in the league, beating Barry Central away, 56-36.

They won on all three rinks, as skip Shirley Wilkinson's rink with Lynda Wilson, Sylvia Hole and Pat Holdsworth, won 21-11, the rink with Diane Purnell, Dorothy Pritchard, May Jones and skip Sue Flower won 18-10, and skip Joan Bradley's rink, with Diane Lloyd, Margaret Cooper and Shirley Dunsworth, won 17-15.

The ladies' friendly match at home against Penarth Windsor was cancelled due to rain.

The men also had only one match this week,, an away Munro Cup game at Cadoxton, which resulted in a loss on all four rinks; the final score 28–65.

On Sunday, 33 club members went on a day trip to Tenby and played a mixed friendly against Tenby Bowls Club. The match was played in glorious sunshine against very good bowlers, and the overall score was 99-164.

We lost on five rinks, but the sixth rink of skip Dennis Snelling, Lynda Wilson, Bryan Hole, Pat Holdsworth and Joan Bradley, had a good win, 25–18. Their score included a 'hot shot', a great achievement away on grass – well done!

The members who played, and their supporters, all had a great day away.

NJW

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